



My life is short and transient

But my soul is precious and priceless

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My life is like a mist

James 4:14 ESV

Yet you do not know what tomorrow will bring. What is your life? For you are a mist that appears for a little time and then **vanishes**.

- The comparison of life to a “**mist**” that appears briefly and then vanishes underscores the **fleeting** nature of human existence. Indeed human life is short and transient.
- I cannot see or control the future, this reminds me to live with **humility** and **dependence** on God.
- Truly my life is in God’s hand. Whatever I plan to do, I must put God in the **center** of it all. My actions have **eternal** significance. Thus I need to have eternal **perspective** with how I use my time, treasure and talents.

My days are like grass

Psalms 103:15-16

As for man, his days are like grass; he flourishes like a flower of the field; for the wind passes over it, and it is gone, and its place knows it no more.


- ❖ Human life fragile, fleeting and brief like grasses and flowers in the field.
- ❖ Life is unpredictable and I may not live for tomorrow. Our existence can be ended suddenly. The memories of me will fade eventually.
- ❖ To live wisely and purposefully one has to make the best use of the time given.

My days are a few handbreadths

Psalm 39:5 ESV

Behold, you have made my days a few handbreadths, and my lifetime is as nothing before you. Surely all mankind stands as a mere breath!

- ❑ A handbreadth is a small unit of measurement implying the **shortness** of human life.
- ❑ Human life on earth is short like a drop in the ocean. It **vanishes** quickly and is forgotten.
- ❑ Mortal body is insignificant and does not have **value** for it will decay and turn into **dust**.

A wide-angle photograph of a vast field of yellow dandelions in full bloom. The field stretches towards a distant treeline under a bright blue sky filled with large, white, puffy clouds. A faint rainbow is visible in the sky, arching over the horizon. The overall scene is bright and cheerful, with the yellow of the flowers contrasting sharply with the blue of the sky.

Although my life is short and transient,
God sees my soul as both precious and priceless!



Why is my soul precious and priceless?

- Because God designs me with utmost care
- Because God creates me with respect and dignity
- Because God treasures the intricacy and complexity of my being
- Because God numbers my days according to His perfect plan for me

Because God designs me with utmost care

Verse 13

For you formed my inward parts; you knitted me together in my mother's womb.



- ✓ God created every part of me including my capacity to have **innermost** thoughts and feelings.
- ✓ This enables me to have intimate and personal **relationship** with God.
- ✓ To knit together takes a careful and **deliberate** process covering every detail of my being.
- ✓ This helps me to know the utmost **care** God has taken to form every part in me.
- ✓ This is why I am **precious** to God whose love for me is seen in the way I am designed.
- ✓ My life is not an accident but formed with **utmost** care.
- ✓ He designs me to have **worth** and **purpose** through a personal relationship with Him.

Because God created me with respect and dignity

Verse 14

I praise you, for I am fearfully and wonderfully made.
Wonderful are your works; my soul knows it very well.

- ❑ Because of the **manner** and **process** in which I am created makes me feel grateful and thankful to God.
- ❑ My heart sings praises to God for the **value** He has placed on my body, soul and spirit.
- ❑ I am indeed created with **respect** and **dignity**. There is **sanctity** and **sacredness** of my body, soul and spirit in God's sight.
- ❑ I am indeed precious and priceless for I am created in the **image** and **likeness** of God.



Because God treasures the intricacy and complexity of my being

Verse 15

My frame was not hidden from you, when I was being made in secret, intricately woven in the depths of the earth.

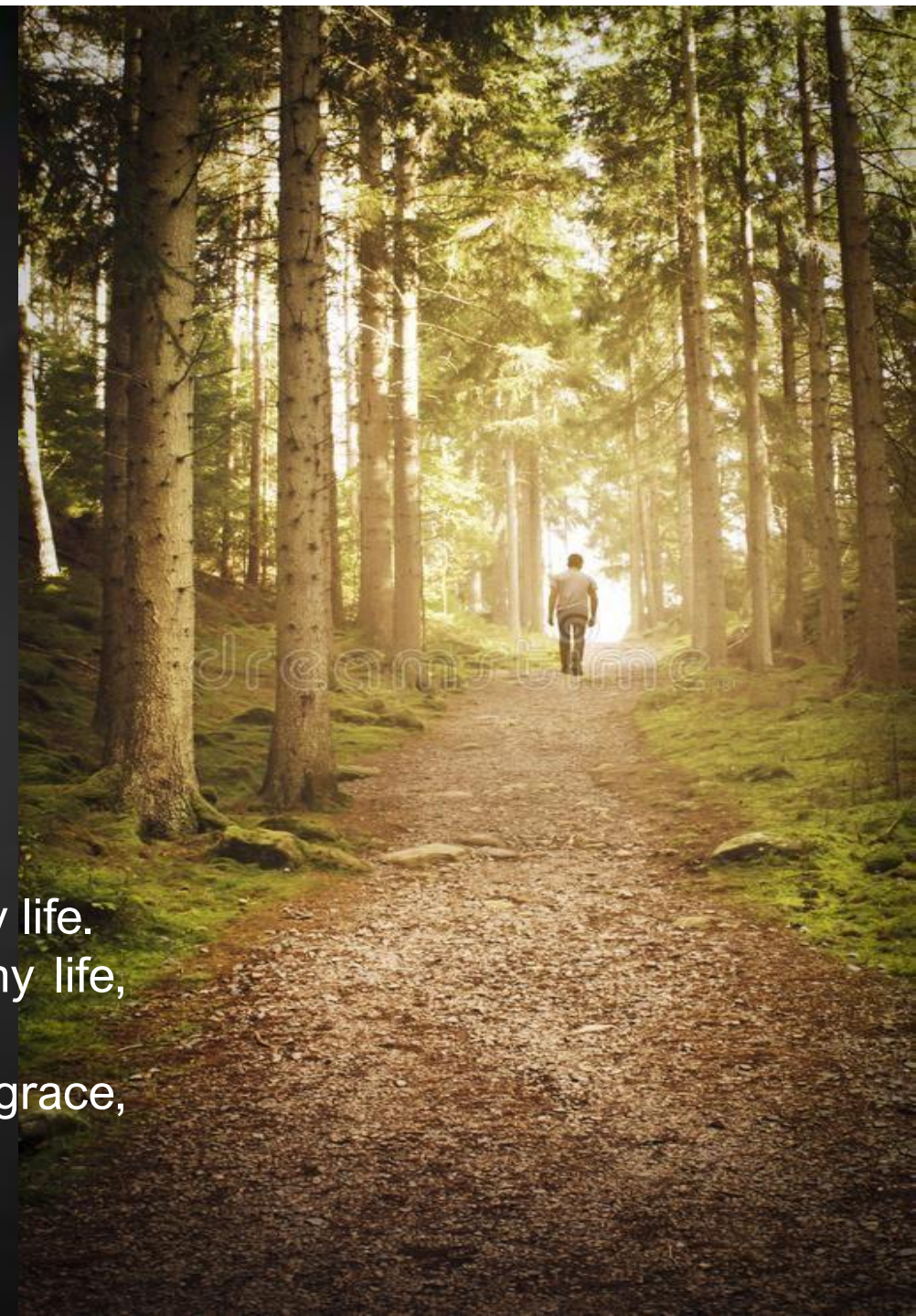
- God is fully **aware** of my physical, psychological and spiritual makeup.
- He knows me inside out and every part of me is crafted with **precision** and **purpose** in this careful and deliberate process.
- This poetic expression “the depths of the earth” refers to the **womb**.
- The **intricacy** and **complexity** in creating me reflect the way God treasures and cherishes me.
- This reminds me that my life is **intentional** and meaningful crafted by a loving Creator God.
- My knowledge of this truth is leading me to live a way that **glorifies** God.

Because God numbers my days according to His perfect plan for me

Verse 16

Your eyes saw my unformed substance; in your book were written, every one of them, the days that were formed for me when as yet there was none of them.

- ❖ God has a **detailed** plan for my life.
- ❖ He knows the number of **days** I have on earth.
- ❖ Therefore my life is not **random** or accidental.
- ❖ I am God's intentional **design** and purpose.
- ❖ God wants me to live in His specific **plan** and purpose for my life.
- ❖ God not only involves in the intricacy of the formation of my life, but I am to live under His **master** plan and design.
- ❖ The sooner I **trust** Him, the deeper I shall experience His grace, love, faithfulness and plan for my life.



My soul is precious and priceless because...

- **God designs me with utmost care**
- **God created me with respect and dignity**
- **God treasures the intricacy and complexity of my being**
- **God numbers my days according to His perfect plan for me**



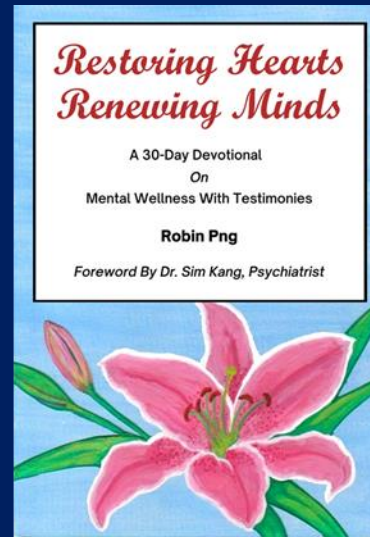
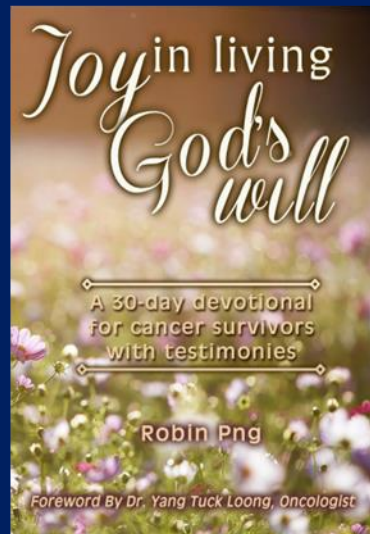
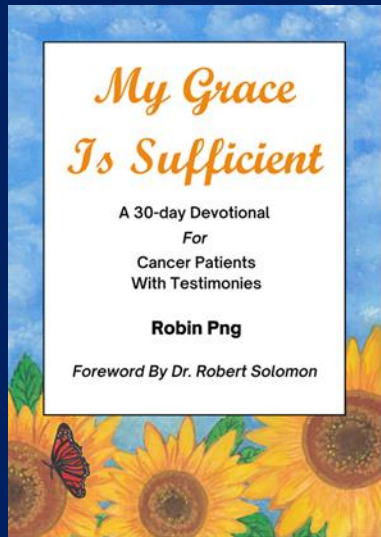
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