

Finding Hope and Healing

How Jesus walks with us in the cancer journey

By Pastor Robin Png

www.restorativehearts.org



Introduction

Cancer can bring fear, uncertainty, weakness, and questions we cannot answer.

Yet Jesus does not leave us to walk this journey alone.

He invites us to surrender our burdens, allow Him to shape us, receive His strength for today, and live with a hope that rests not in circumstances, but in Him.

Finding Healing And Hope

How Jesus Walks With Us in the Cancer Journey



1

SURRENDER

*"Jesus, I give
You my burden."*



Entrust every fear, burden,
and uncertainty to Jesus,
knowing that He cares
deeply for you.

2

BE SHAPED

*"Jesus, change me
through this journey."*



Allow Christ to transform
your heart, renew your
mind, and shape your life
according to His will.

3

BE STRENGTHENED

*"Jesus, give me strength
for today."*



In weakness, fear, and
uncertainty, receive God's
strength, help, and sustaining
grace for each day.

4

LIVE WITH HOPE

*"Jesus, I trust You
with tomorrow."*



Our hope is in Jesus—
He fills us with joy, peace,
and abundant hope
through the Holy Spirit.

*He carries our burdens, transforms our hearts, strengthens us in weakness,
and gives us hope for tomorrow.*



JESUS CHRIST IS THE SAME YESTERDAY AND TODAY AND FOREVER. HEBREWS 13:8 (ESV)

1

SURRENDER

*“Jesus, I give
You my burden.”*



Entrust every fear, burden,
and uncertainty to Jesus,
knowing that He cares
deeply for you.

Surrender begins the day we ask Jesus to come into our life and since then our life has purpose and meaning because God is in the equation of our lives.

In our cancer journey, we learn to surrender to God for He knows everything about us – weaknesses, strengths, desires, and hope.

Surrender does not mean giving up hope or refusing treatment; it means trusting God with fears, uncertainty and future.



Surrender is our response, while we trust God for His help and restoration.

It is faith at work: trusting and obeying Him, walking by faith rather than by sight.

Cancer can make surrender difficult because we naturally desire control.

Yet surrender frees us from carrying everything alone and enables us to receive God's peace, strength, grace each day.



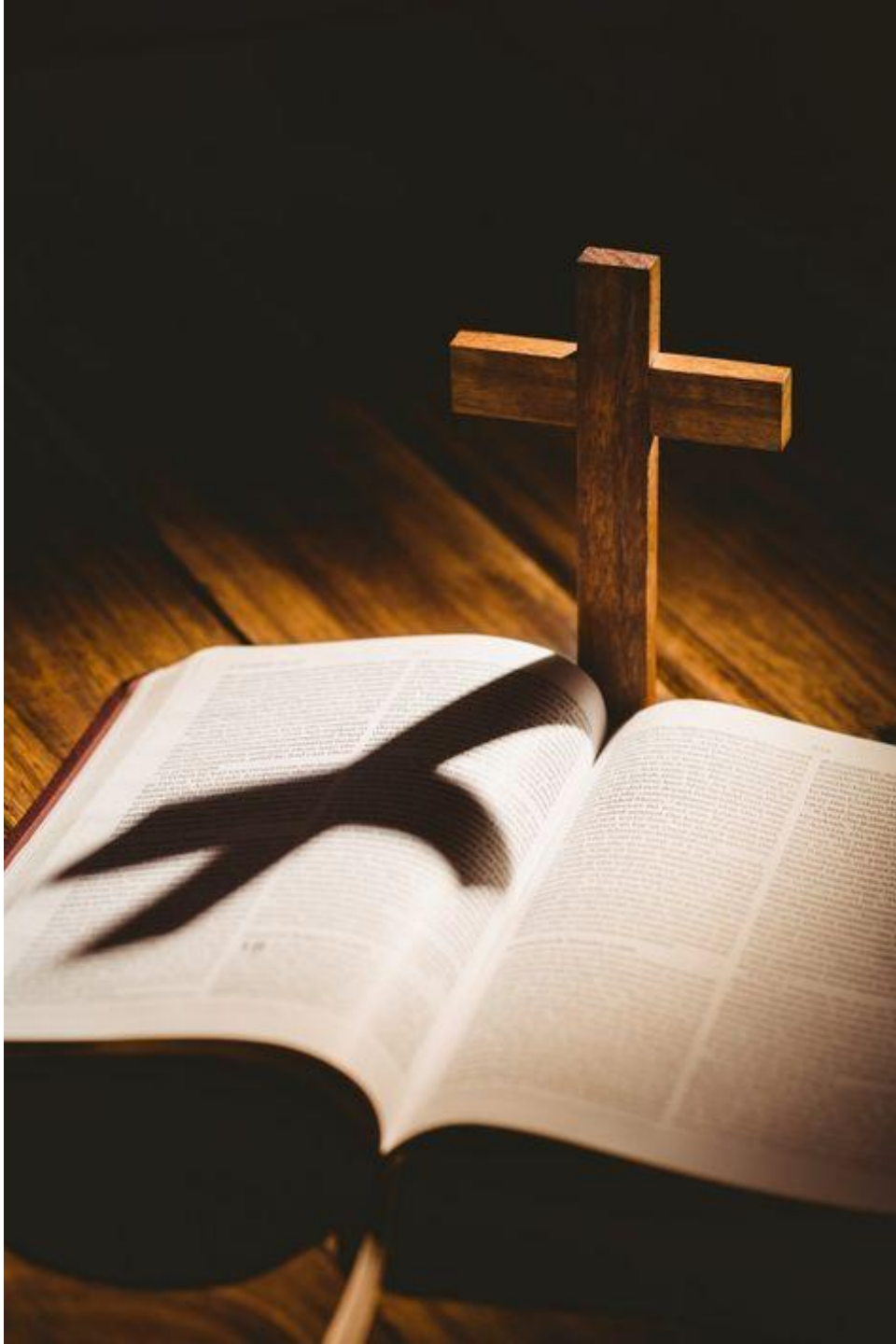
The Bible says

Casting all your anxieties on him, because he cares for you.

- **1 Peter 5:7 (ESV)**

You entrust every fear, burden, and uncertainty to Jesus, knowing that He cares deeply for you.

Surrender is not giving up; it is giving the burden to the One who cares.



A Prayer of Surrender

Jesus, I cannot carry this anymore. I place my, fear, life and my future in Your hands. Help me trust Your care and sovereign purpose.

You learn to surrender completely to the Lord all your needs and concerns.

2

BE SHAPED

*“Jesus, change me
through this journey.”*



Allow Christ to transform
your heart, renew your
mind, and shape your life
according to His will.

Being shaped means allowing God to use the cancer journey to cultivate Christlike character while He cares for us.

Cancer is not from God; sickness and suffering entered human experience through the fallen world.

Yet God can redeem it, using it to deepen faith and renew heart and mind.



We discover cancer journey can be a gift of God.

We know who we are, how much to we know Jesus, and what we truly lack.

In this process of cancer treatment, we cultivate the beautiful virtues of patience, love, compassion, joy, forgiveness, gratitude, and contentment.

Although the process may involve pain, God can use it to reshape priorities, reveal what truly matters, and transform lives toward Christ daily.



The Bible says

Every branch in me that does not bear fruit he takes away, and every branch that does bear fruit he prunes, that it may bear more fruit.

John 15:2 (ESV)



Pruning is God's loving process of removing what hinders growth so that we can bear more fruit.

Though it may feel painful, it is purposeful—cutting away distractions, unhealthy habits, or misplaced priorities.

The Gardener's hand is gentle yet firm, shaping us into fruitful disciples.

To be pruned is not rejection but refinement, preparing us for deeper intimacy with Christ and greater impact for His kingdom.



A Prayer of Humility

Lord, use this difficult journey to renew my mind,
deepen my faith, and shape my heart according to
Your will.

3

BE STRENGTHENED

*“Jesus, give me strength
for today.”*



In weakness, fear, and
uncertainty, receive God's
strength, help, and sustaining
grace for each day.

Cancer journeys can be rough, long, and difficult, especially when the side effects can be unbearable and the support we need seem to be lacking.

However, times and again, when we look to Jesus, we find relief, comfort and strength.

Jesus knows our weaknesses, fears, disappointments, imperfections, dreams, aspirations, and hopes.



He walks with us even we may not be conscious or aware of His presence.

When we say that His grace is sufficient, we experience His presence, peace, provision, protection and power.

This is how He walks with us – we experience His presence assuring us that we are not alone.

His peace calms our heart helping to stay strong in Him.

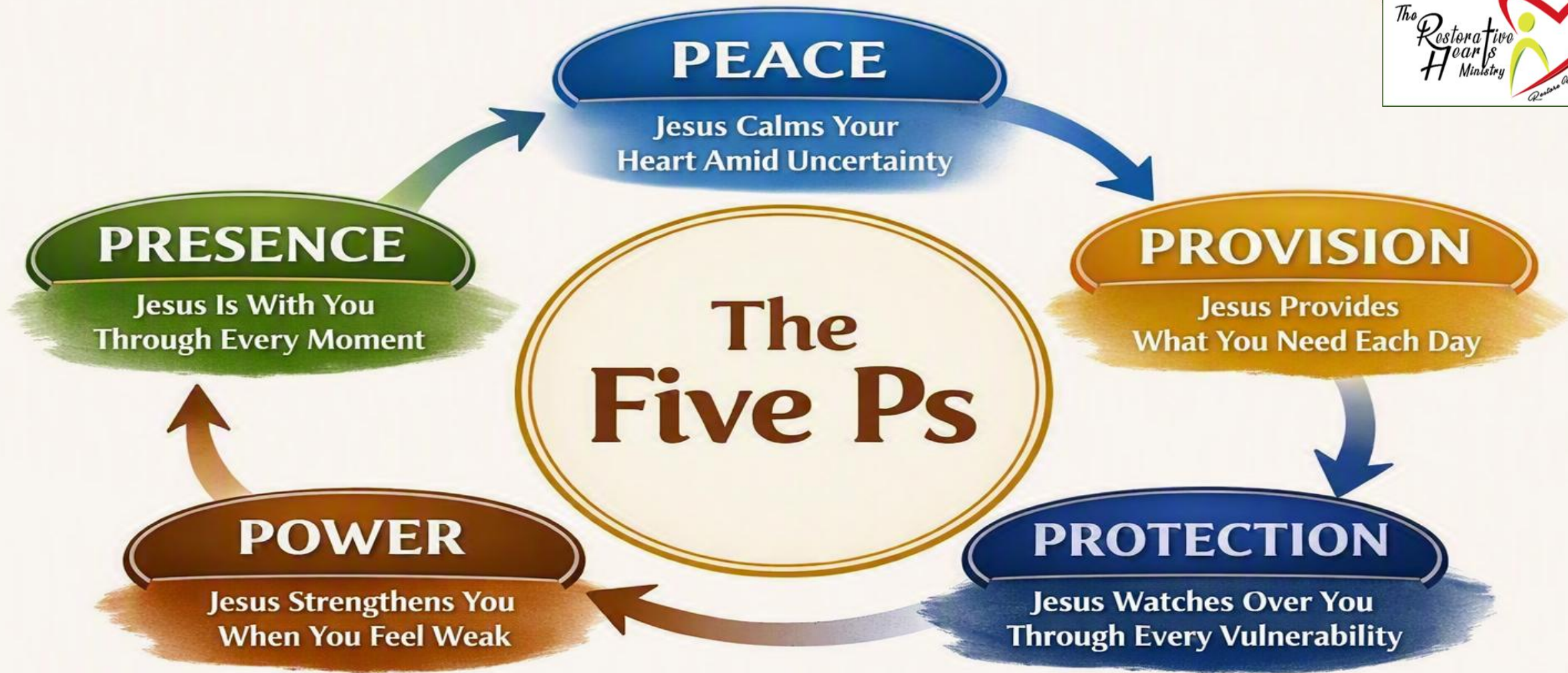


His provision helps us to overcome each step of the journey through the medical team, caregiving team, loved ones and friends.

His protection assures us that we are safe and secure, whether we are alone, isolated from people or even when asleep.

His power provides strength to endure the many side effects.

Jesus preserves us for His purpose and glory.





1. PRESENCE

Cancer treatment can bring surgery, chemotherapy, radiation, painful procedures, exhausting side effects, sleepless nights, and uncertainty, leaving patients frightened and alone.

Yet Jesus walks with us through every hospital corridor, treatment chair, difficult night, and uncertain moment.

Through prayer, Scripture, worship, and quiet moments, we discover His comforting presence.

Psalm 23:4 (ESV)

“Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me.”





2. PEACE

Cancer can bring anxiety through waiting for biopsy results, worrying about scans, facing another treatment cycle, and fearing what lies ahead.

Even when treatment is going well, uncertainty can cause emotional exhaustion and restless nights.

Jesus walks with us, giving peace as we pause, pray, surrender our fears, and trust Him today



John 14:27 (ESV)

“Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid.”



3. PROVISION

Cancer treatment can affect finances, work, transportation, meals, household responsibilities, childcare, and daily strength, often exhausting caregivers too.

Jesus walks with us by providing what we need through family, friends, churches, and others who offer meals, transport, practical help, financial support, and compassionate care when we need it most.



Philippians 4:19 (ESV)

“And my God will supply every need of yours according to his riches in glory in Christ Jesus.”



4. PROTECTION

Cancer treatment can make patients vulnerable to infections, falls, complications, side effects, and sudden health changes.

Jesus cares for them through these vulnerabilities, often through medical care, wise decisions, attentive healthcare professionals, supportive caregivers, and timely help.

Patients can trust Him while responsibly following medical advice and treatment.



2 Thessalonians 3:3 (ESV)

“But the Lord is faithful. He will establish you and guard you against the evil one.”

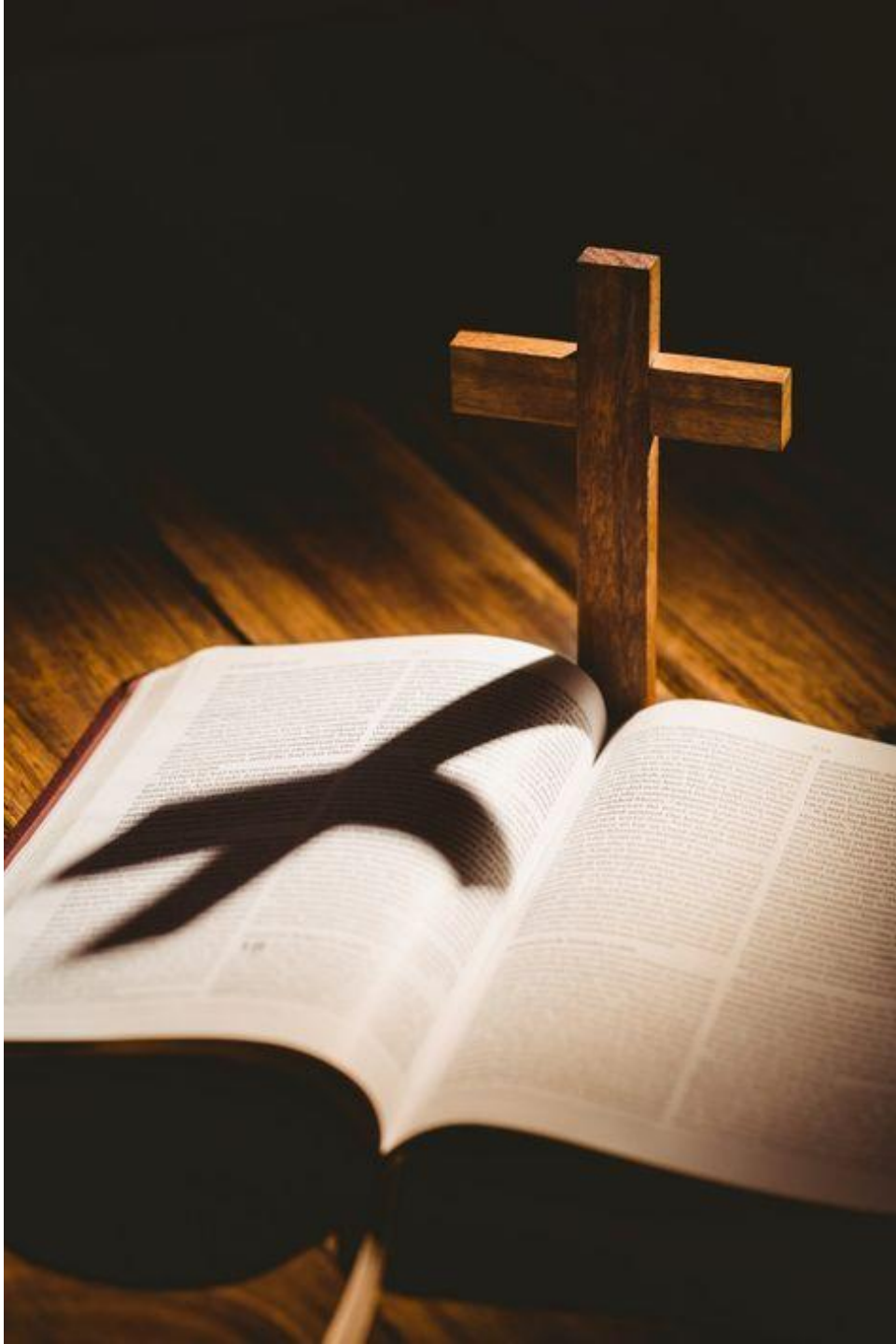


5. POWER

Cancer treatment can drain a patient's body, mind, and emotions.

Jesus gives strength by meeting them in their weakness, renewing their courage, calming their fears, and giving grace for each moment.

Through His presence, His Word, prayer, and caring people, He helps them endure, persevere, and take the next step.



2 Corinthians 12:9 (ESV)

“My grace is sufficient for you, for my power is made perfect in weakness.”



In weakness, fear, and uncertainty, God promises His presence, strength, help, and sustaining grace.

God's strength is often experienced one day, one step, and one moment at a time, even when we may not be consciously aware.



The Bible says

Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand.

Isaiah 41:10 (ESV)



A Prayer for Strength

Lord, when my body is weak and treatment is difficult, strengthen me for today, sustain my faith, and carry me.

4

LIVE WITH HOPE

*“Jesus, I trust You
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Our hope is in Jesus—
He fills us with joy, peace,
and abundant hope
through the Holy Spirit.

Our hope to experience healing and restoration in the cancer journey rests in the presence and promises of God.

God who created Heaven and earth and all creation including man knows how and when our body will be restored.

His goodness and mercy will carry us throughout the cancer journey



Daily we experience His presence, peace, provision, protection, and power as evidences of the living hope that we have.

We can entrust the outcome to the Lord.

As we hope in the Lord, we learn to trust, wait, obey, and experience Jesus daily.

Truly, our hope is our confidence in God Himself, beyond any medical outcome and external circumstance.

May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope.

Romans 15:13 (ESV)





Our hope is found in God Himself, who fills us with joy, peace, and abundant hope through the Holy Spirit.

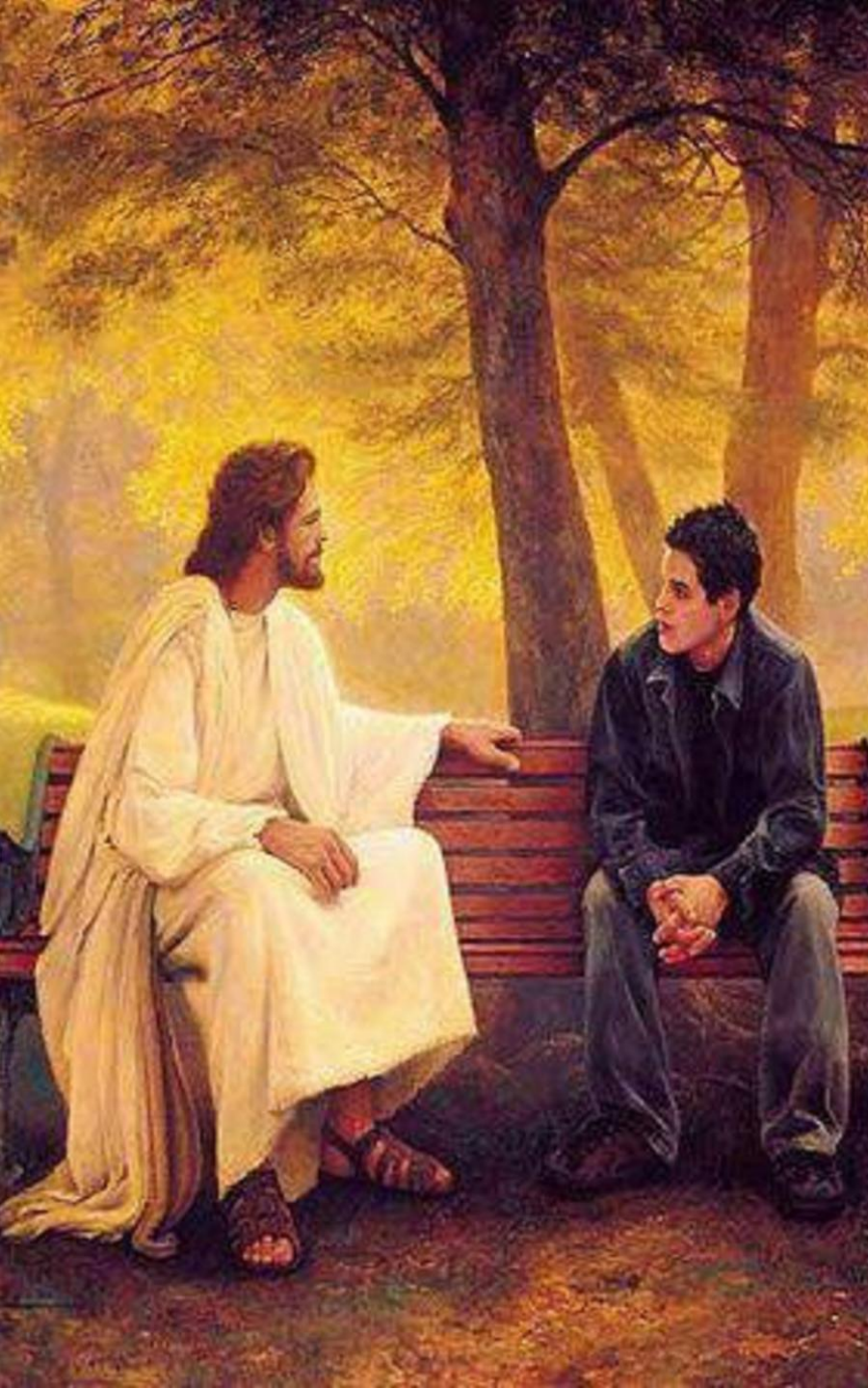
Christian hope rests not in circumstances or outcomes, but in Jesus, whose presence gives us peace, strength, and confidence for tomorrow.



A Prayer of Hope

Jesus, help me place my hope in You, whether healing comes or circumstances remain difficult.

Fill me with peace today.



Conclusion

The cancer journey may change our plans, but it does not change who Jesus is.

We can surrender what we cannot control, allow Him to shape who we are, receive His strength for each day, and face tomorrow with hope.

Whatever the outcome, Jesus remains faithful, present, and trustworthy.

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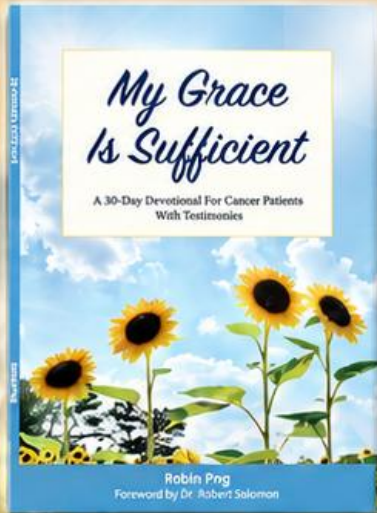


PAUSE TO REFLECT

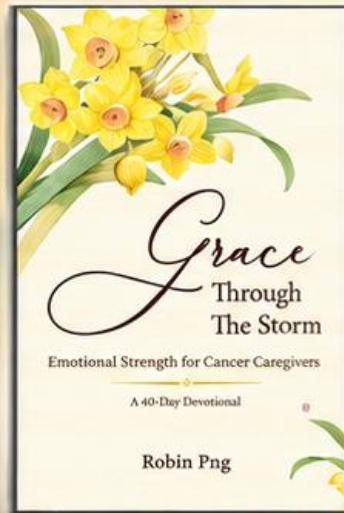
As you walk through your cancer journey, what do you need to surrender to Jesus, allow Him to change in you, receive His strength for today, and trust Him with tomorrow—and what will you do differently because of this?

Free Download Of DEVOTIONAL BOOKS

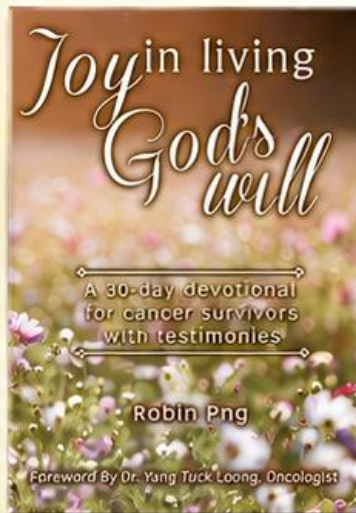
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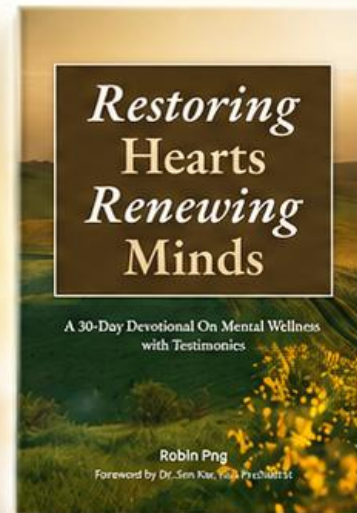
For Cancer
Patient



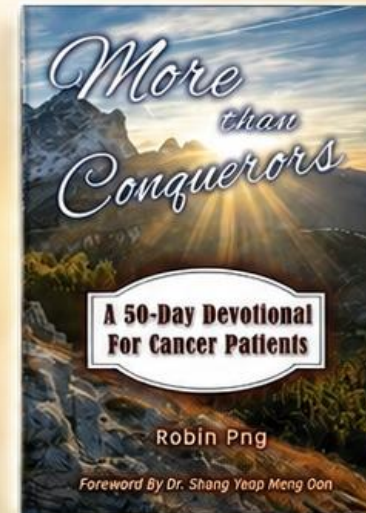
For Cancer
Caregiver



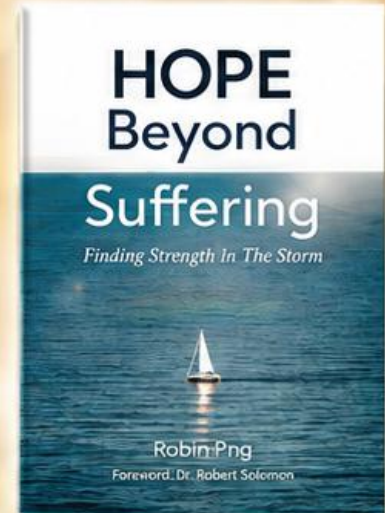
For Cancer
Survivor



For Mental
Wellness



Sequel of
My Grace Is
Sufficient



For Cancer
Patient
(Prebeliever)

Free Download Of Devotional Books

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For Cancer Patients



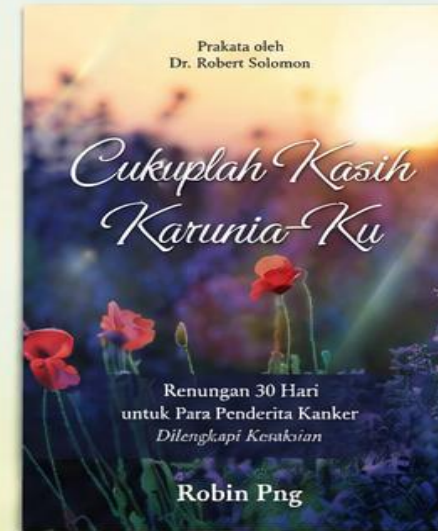
Chinese
Version



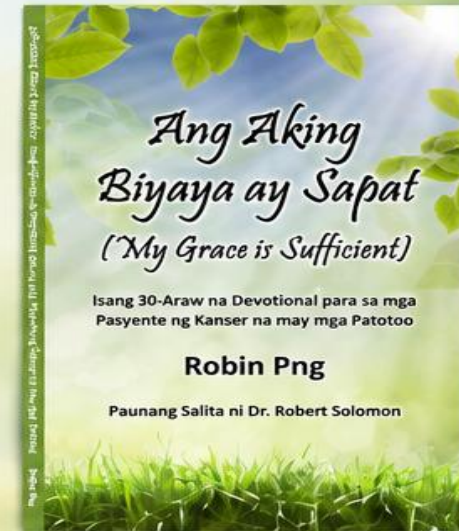
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Chinese
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Indonesian
Version



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Version



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Introducing RHM

Restorative Hearts Ministry

Restoring Hearts • Renewing Minds • Reflecting Christ's Love



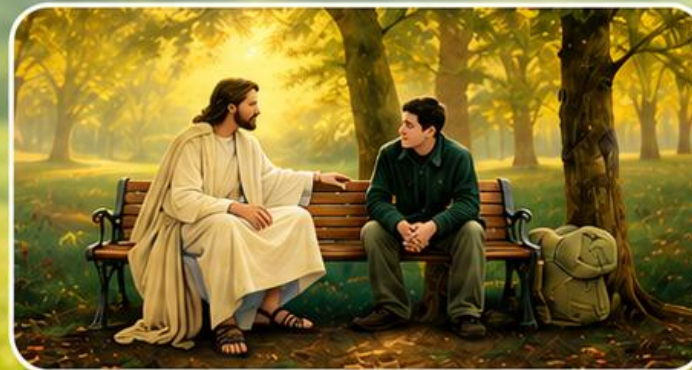
Our Vision

To **restore** the **hearts** and **renew** the **minds** of cancer patients and persons with mental wellness concerns with the **love** and **power** of **Jesus Christ**



Our Mission

To provide restorative **talks**, conduct cancer and mental wellness restorative **groups**, provide pastoral **counselling** and **care**, and doing hospital and home visits to **cancer patients** and **persons** with **mental wellness concerns**



If you wish to enquire more about this ministry, you may email to restorativehearts@gmail.com.



GOD BLESS
have a great week

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