Ministering to the Sick

Bringing Christ's compassion,
comfort, presence, and hope.



By Pastor Robin Png
www.restorativehearts.org

Talk Outline — *Ministering to the Sick*

1. Introduction
2. Understanding Pain and Suffering
3. Preparing Yourself to Minister and Care
4. How Do We Bring Our Loved Ones to Jesus
5. Ministering to the Whole Person
6. Bringing Healing and Hope Amid Suffering
7. Responding with Faith and Gratitude
8. Ministering and Caring Like Jesus



1. Introduction

Ministering to the sick is more than providing practical care. It is about, preparing our hearts, bringing loved ones to Jesus, and offering Christ's comfort, compassion, presence, healing and hope through every season of suffering.





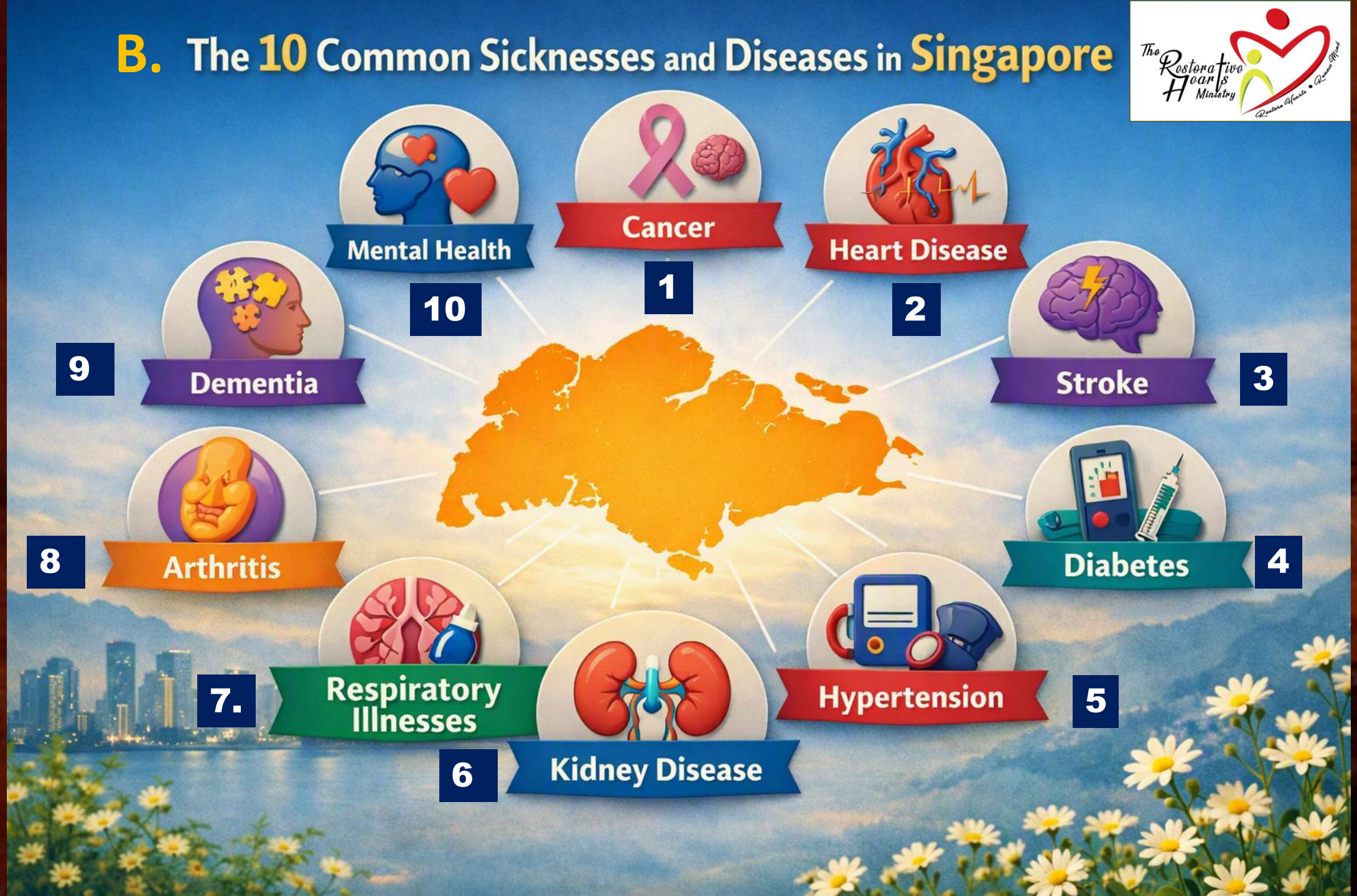
2. Understanding Pain and Suffering

A. How Does Jesus See Pain and Suffering?

Jesus sees beyond physical illness to the **whole person**.

He responds with **compassion**, draws near to the suffering and offers healing, comfort, dignity and **hope**.

B. The 10 Common Sicknesses and Diseases in Singapore



C. What Is Pain and Suffering for Patients and Caregivers?

Pain **affects** the body, emotions, relationships and faith. When you feel that your daily rhythm of life that you get so used to has suddenly **stopped**, you feel overwhelmed by emptiness, anger, sadness and fear.

Patients face uncertainty and loss, as their **emotions** fluatuate daily. Confusion, fear and anxiety affect both their **mental** and **spiritual** health.

Caregivers experience worry, mental and physical exhaustion and **helplessness** as they journey alongside loved ones.

Inadequate **self-care** causes them to feel **isolated**, discouraged and they can spiral down into **depression** if this feeling prolonged.



3. Preparing Yourself to Minister

A. Understand **Yourself**: Strengths, Limitations and Personality

Recognise your strengths, limitations and personality.

Self-awareness helps you care and minister sensitively, establish healthy **boundaries**, acknowledge when you need support and depend continually on God's grace.

Daily **abiding** in Christ and experience the **grace** of God to strengthen your faith, love and hope for your loved ones.

Caregiving is with the **Lord** who cares deeply for every sick person. You are to **walk** and **work** with Him in His harvest field.





B. What Are the Key Qualities of a Christ-centred Caregiver?

A **Christ-centred** caregiver demonstrates compassion, patience, humility, gentleness, **wisdom** and faithfulness.

Guided by the **Holy Spirit**, she listens attentively, serves willingly and reflects Christ's **love**.

She is empathic and able to be **quiet** and hear the still, small **voice** of the Holy Spirit in her thoughts so that her **words** and **actions** are gracious and gentle when ministering to the sick and pray for them.

C. The Posture of a Christian Caregiver

A Heart Aligned with Christ's love and the Word and Will of God

A caregiver's heart should reflect Christ's **humility**, **compassion** and **obedience**.

Motivated by the **love** of God and grounded with His **Word** of assurances and promises, you speak words of comfort and encouragement with sensitivity, discernment and wisdom.

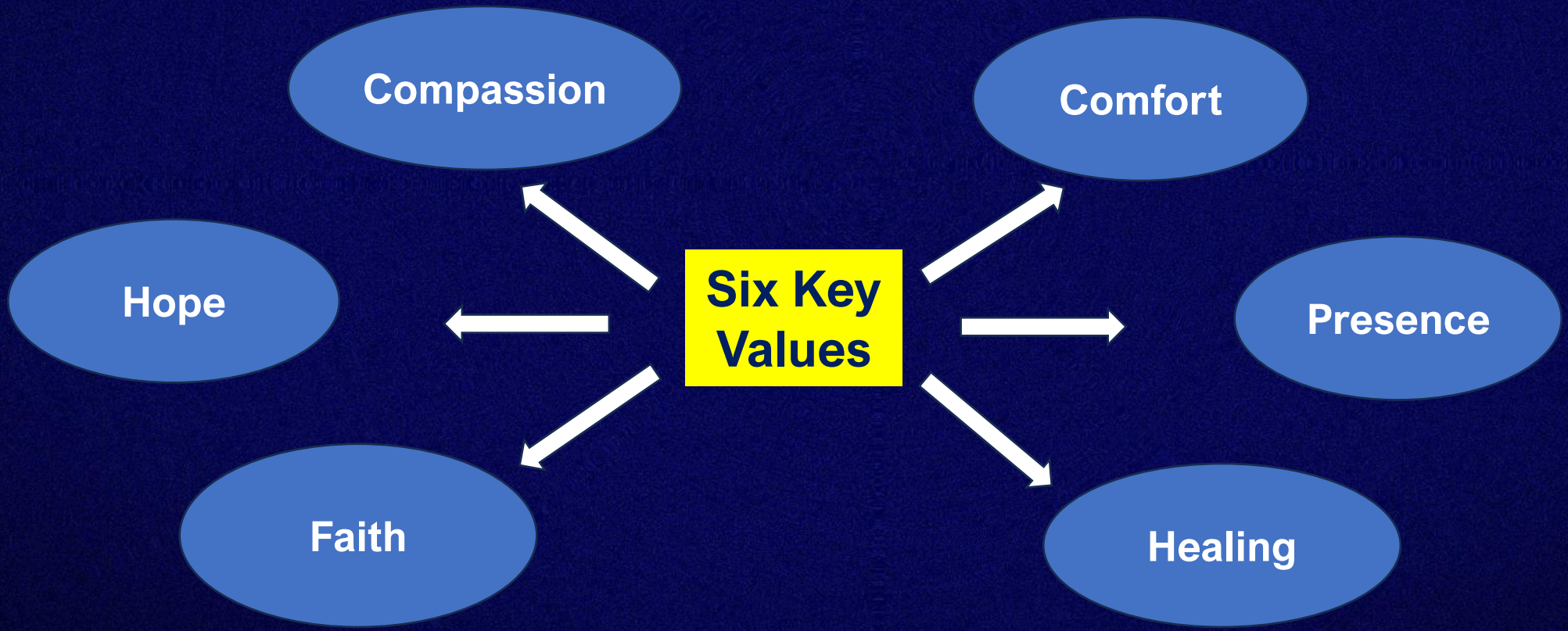
You **respect** the current mental and even spiritual state of the patient knowing that this is where she is.

You **refrain** giving unsolicited advice or **imposing** any expectation.



D. What are the Key Values of a Christ-centered Caregiver

Caregiving reflects Christ through compassionate hearts, **comforting** words, faithful presence, **prayers** for healing, enduring **hope** and unwavering **faith** in God's goodness, regardless of circumstances.





4. How Do We Bring Our Loved Ones to Jesus

As caregivers, we can bring our loved ones to Jesus through **prayer**, faith and persistence, trusting His compassion, authority, **timing** and perfect will.

Learning from the **attitude** and **motivation** of these **four caregivers** as they bring their loved ones to Jesus:

1. Jairus' daughter
2. The Canaanite Woman's daughter
3. The Centurian's servant
4. The Official's son

A. Jairus' Daughter (Mark 5:21–43)

Jairus approached Jesus with **humility** and **faith**, pleading for his dying daughter.

His story teaches caregivers to bring loved ones' needs **persistently** to Jesus, even amid fear.



Then came one of the rulers of the synagogue, Jairus by name, and seeing him, he **fell** at his feet and **implored** him **earnestly**, saying, *'My little daughter is at the point of death. Come and lay your hands on her, so that she may be made well and live*.'

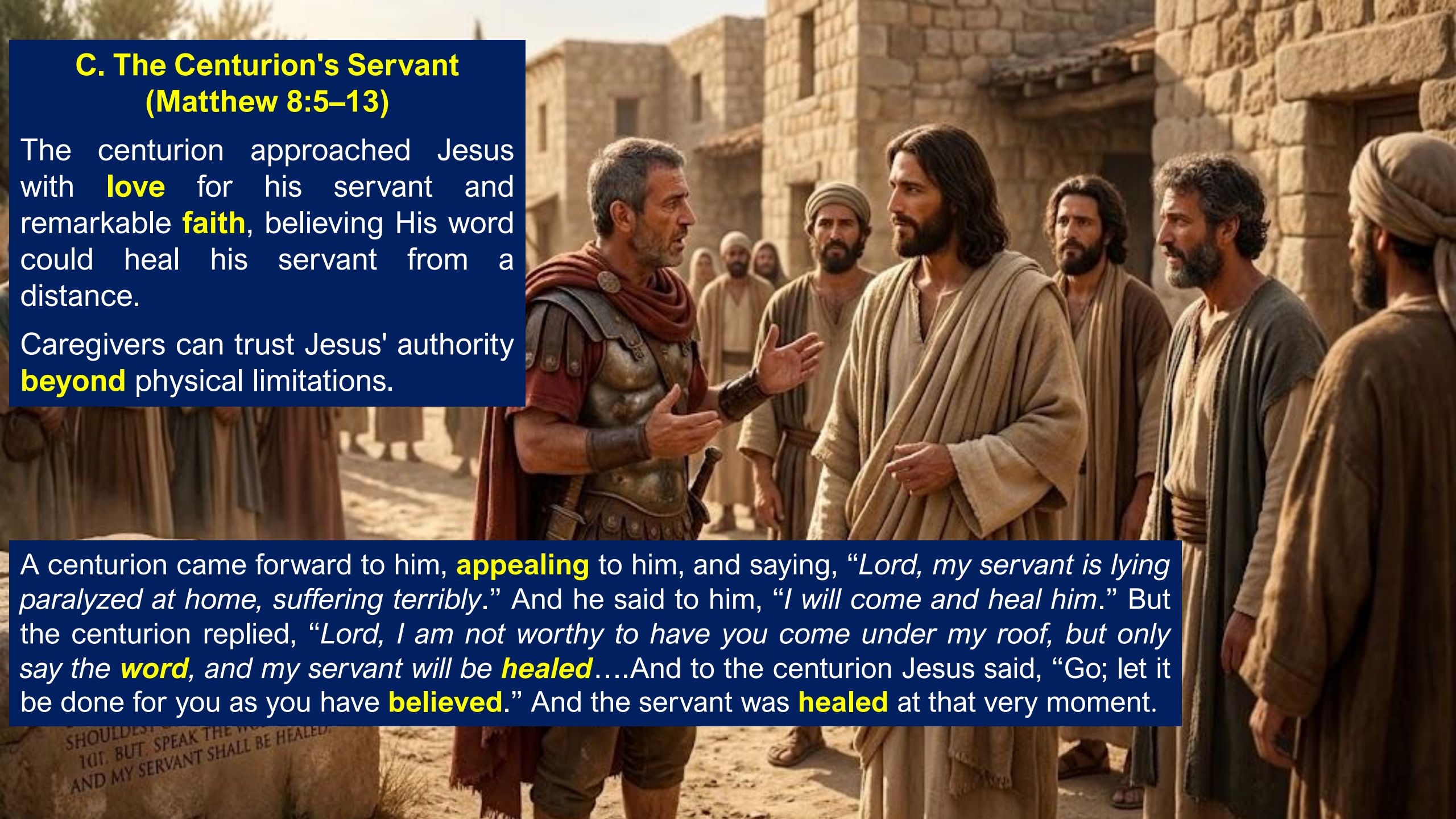
B. The Canaanite Woman's Daughter (Matthew 15:21–28)

The Canaanite woman demonstrated **persistent** faith and humility, pleading for her daughter's deliverance.

Her example encourages caregivers to persevere in prayer, trusting Jesus' **mercy** despite discouragement.



A Canaanite woman…came out and was **crying**, "*Have mercy on me, O Lord, Son of David; my daughter is severely oppressed by a demon*." ..... she came and **knelt** before him, saying, "*Lord, **help** me*." And he answered, "*It is not right to take the children's bread and throw it to the dogs*." She said, "*Yes, Lord, yet even the dogs eat the crumbs that fall from their masters' table*." Then Jesus answered her, "*O woman, great is your **faith**! Be it done for you as you **desire***." And her daughter was **healed** instantly.



C. The Centurion's Servant (Matthew 8:5–13)

The centurion approached Jesus with **love** for his servant and remarkable **faith**, believing His word could heal his servant from a distance.

Caregivers can trust Jesus' authority **beyond** physical limitations.

A centurion came forward to him, **appealing** to him, and saying, "*Lord, my servant is lying paralyzed at home, suffering terribly*." And he said to him, "*I will come and heal him*." But the centurion replied, "*Lord, I am not worthy to have you come under my roof, but only say the **word**, and my servant will be **healed***….And to the centurion Jesus said, "Go; let it be done for you as you have **believed**." And the servant was **healed** at that very moment.



D. The Official's Son (John 4:46–54)

The royal official **pleaded** for his dying son and trusted Jesus' **word** before seeing the outcome.

His journey teaches caregivers to **believe** and **obey** amid uncertainty.

An official whose son was ill.....said to him, "*Sir, come down before my child dies*." Jesus said to him, **"***Go; your son will live*."

The man **believed** the **word** that Jesus spoke to him and went on his way. As he was going down, his servants met him and told him that his son was living.

So he asked them the hour when he began to get better, and they said to him, "*Yesterday at the seventh hour the fever left him.*"

The father knew that was the hour when Jesus had said to him, "*Your son will live*."

Summary: Four Attitudes and Motivations of Faithful Caregivers

Caregiver	Attitude	Motivation
Jairus	Humility and desperation	A father's love and concern for his dying daughter
Canaanite Woman	Persistence and great faith	A mother's desire for her daughter's deliverance
Centurion	Humility and confidence in Jesus' authority	Compassion for his suffering servant
Royal Official	Trust and obedience	A father's urgent desire for his son's healing

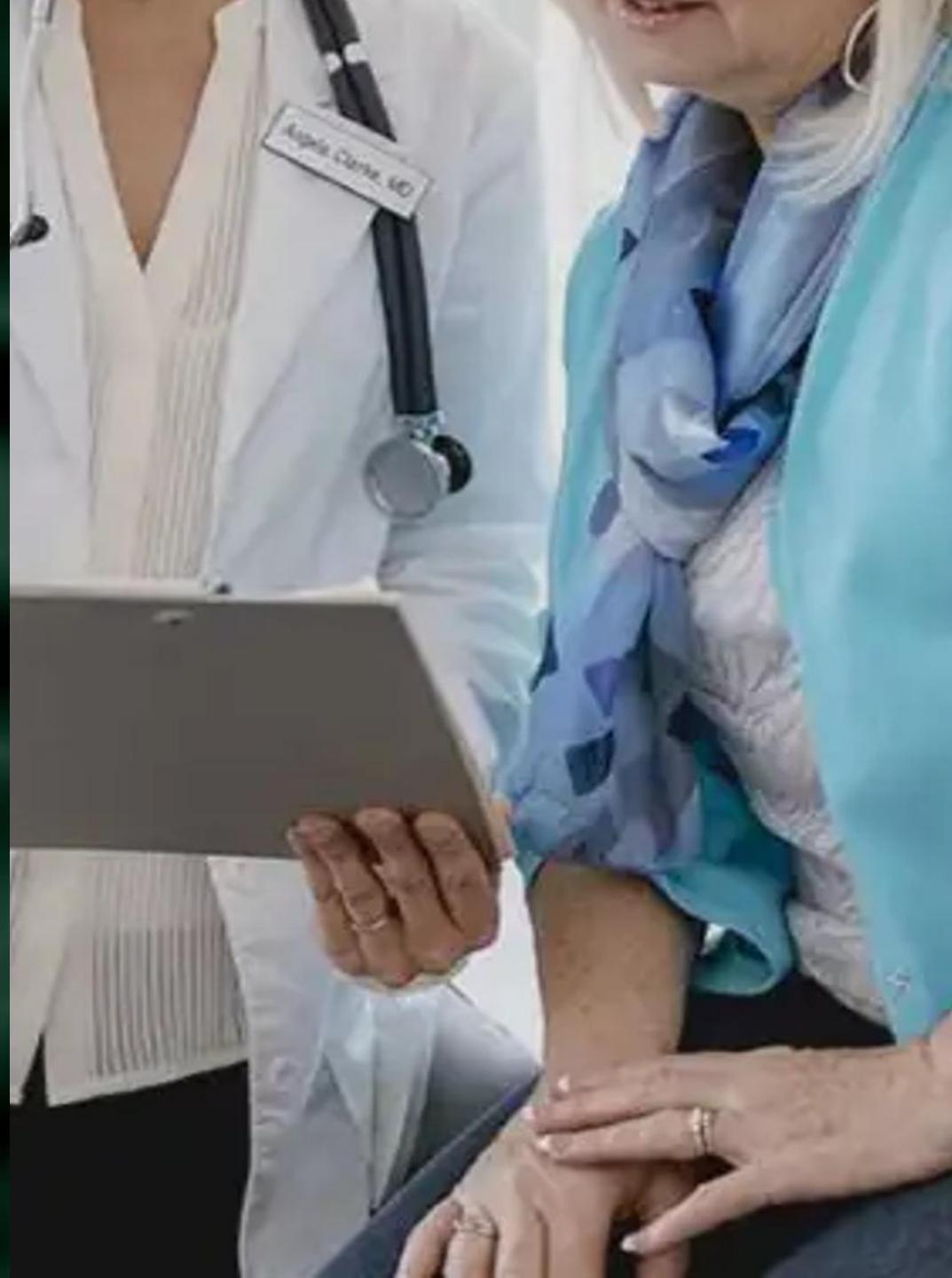
5. Ministering to the Whole Person

A. What Does the Patient Need **Most**?

We need to care for the **whole** person - physical, emotional and spiritual, for we are spirit, soul and body.

Patients need effective **medical** care, compassionate companionship and **spiritual** encouragement.

Above all, they need to feel **valued**, understood, supported and assured that God remains **present** throughout suffering.





B. How Does God Comfort Both Patients and Caregivers?

God comforts through His **presence, Word, Spirit** and **people.**

He provides **strength** in weakness, **peace** amid uncertainty and hope when circumstances seem overwhelming or beyond understanding.

GOD COMFORTS THROUGH HIS PRESENCE, WORD, SPIRIT AND PEOPLE.

GOD

‘HOW GOD COMFORTS US’



His Presence



His Word



His Spirit



People



C. Focus on Jesus: His Character

Jesus restores the **whole** person.

His ministry demonstrates compassion, **healing**, **forgiveness** and **salvation**, reminding caregivers to minister to physical, emotional and spiritual needs together.

Focus on Jesus: His Character

Jesus restores the *whole* person.

Jesus' Ministry –
compassion, healing, forgiveness and **salvation.**

We need to minister to physical, emotional and spiritual needs together.





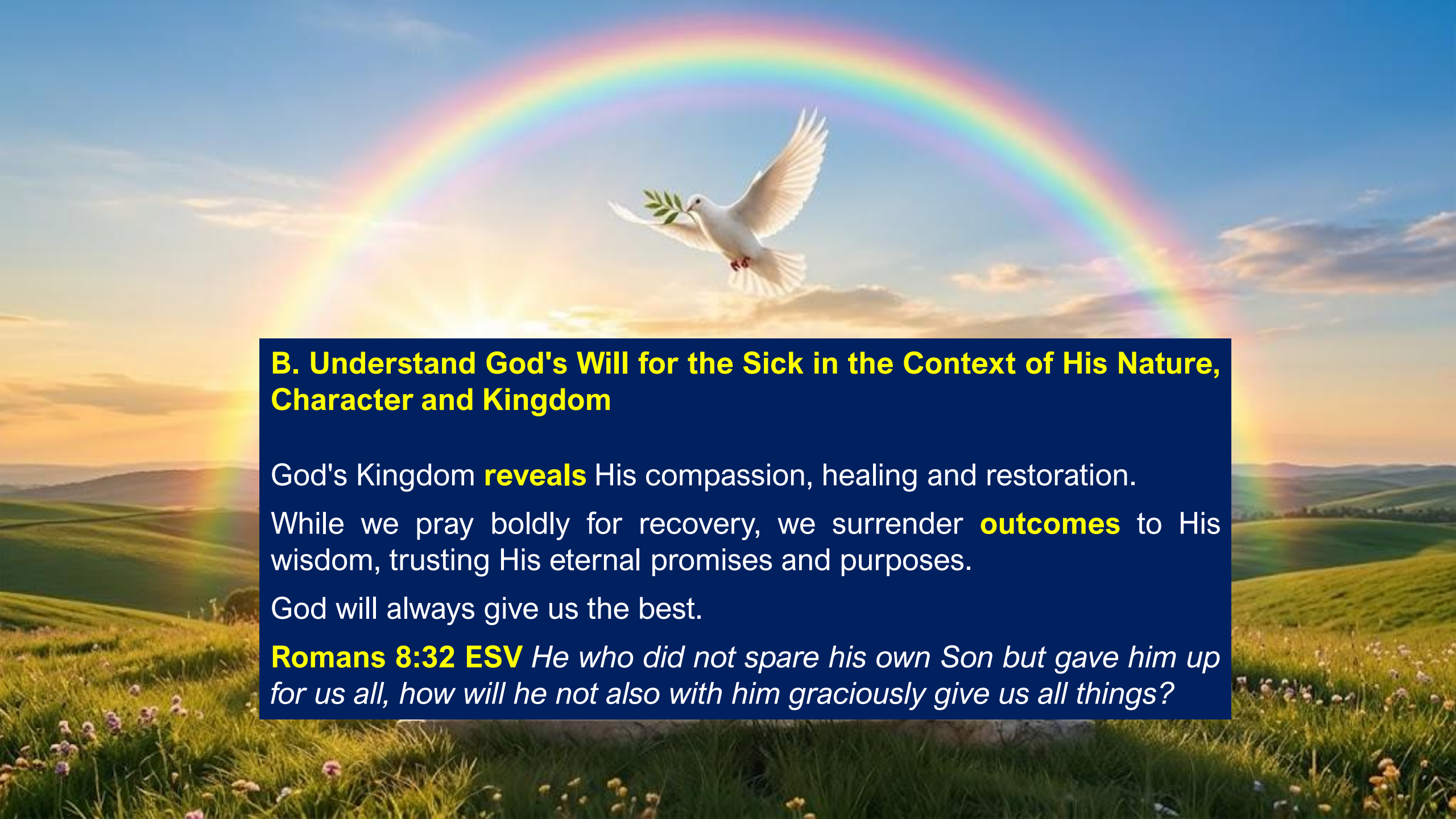
6. Bringing Healing and Hope Amid Suffering

A. Why is **Patience** important in ministering to the sick?

To show patient is to show **love** for the sick and display **faith** in God?

Patience expresses love by allowing patients **time** to heal and adjust.

It demonstrates faith by trusting God's **sovereignty** and timing, **wisdom** and purposes, even when answers seem delayed.



B. Understand God's Will for the Sick in the Context of His Nature, Character and Kingdom

God's Kingdom **reveals** His compassion, healing and restoration.

While we pray boldly for recovery, we surrender **outcomes** to His wisdom, trusting His eternal promises and purposes.

God will always give us the best.

Romans 8:32 ESV *He who did not spare his own Son but gave him up for us all, how will he not also with him graciously give us all things?*



C. Meaning and Purpose of Pain and Suffering — God Heals Not Only the **Body** but Also the **Heart**

God can use suffering to **deepen** faith, **shape** character and **restore** broken hearts.

Beyond physical healing, He offers forgiveness, **reconciliation**, spiritual growth and **eternal hope**.



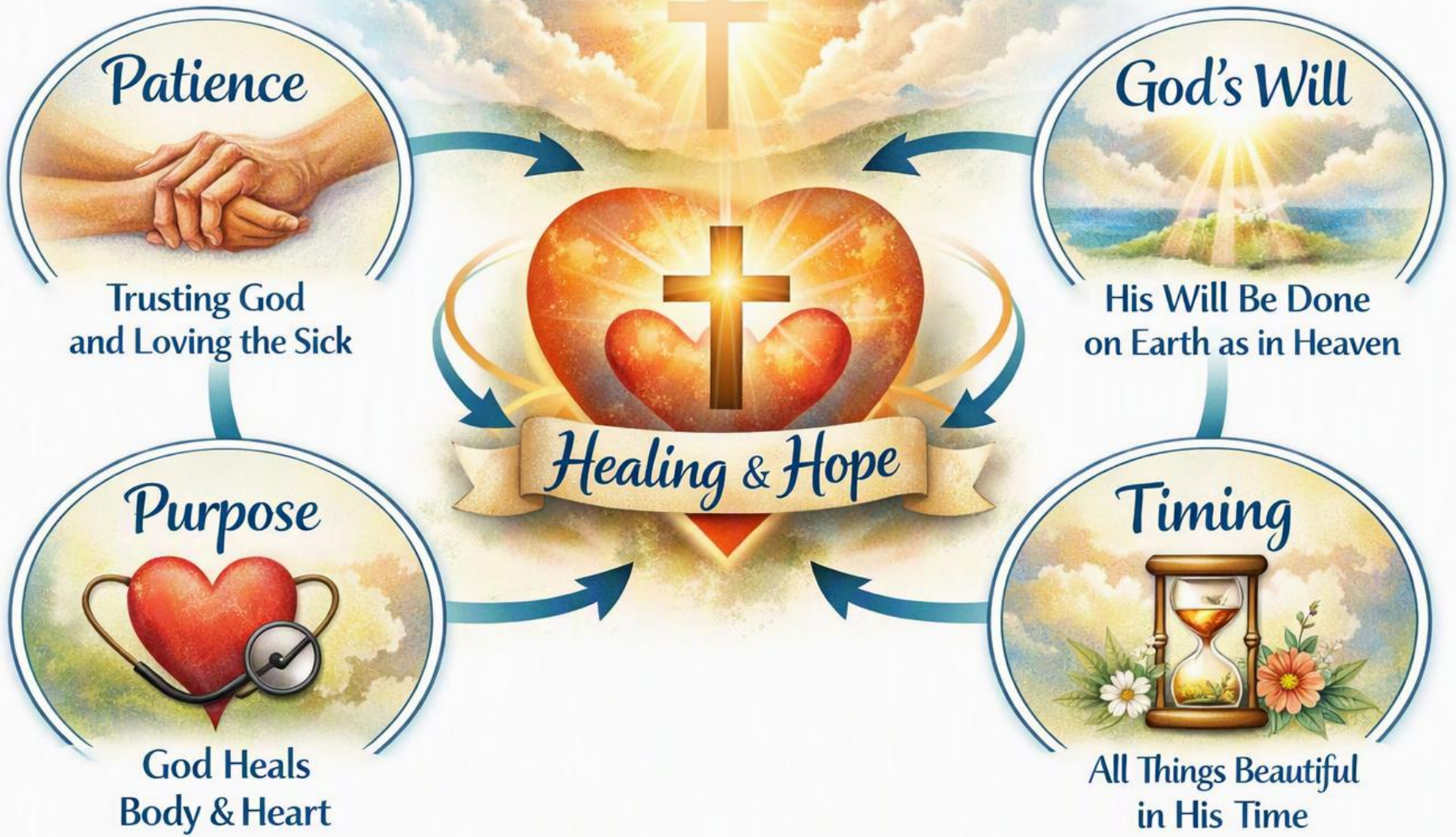
D. How Does God Make Everything Beautiful in His Time?

God works through every season, including suffering, to accomplish His **purposes**.

Though we may not understand today, we can **trust** His perfect timing and unfailing **goodness.**

Healing and Hope Amid Suffering

The Restorative Hearts Ministry



7. Responding with Faith and Gratitude

A Prayer of Thanksgiving with a Grateful Heart

Thank You, Lord, for Your

presence, sustaining grace and
Even in suffering, help us
recognise Your blessings,
trust Your goodness and
maintain grateful hearts.



HOW SHOULD YOU MINISTER TO THE SICK

MINISTERING LIKE JESUS

1. UNDERSTAND SUFFERING

- recognise the physical, emotional and struggles of patients and caregivers.

2. PREPARE OUR HEARTS

- depend on the Holy Spirit and
- cultivate Christlike compassion, humility and patience.

3. BRING PEOPLE TO JESUS

- carry their burdens in prayer,
- trusting His compassion, power and wisdom.

HOW SHOULD YOU MINISTER TO THE SICK

MINISTERING LIKE JESUS

4. CARE FOR THE WHOLE PERSON

- offer presence, listening, practical help, encouragement and spiritual support.

5. PRAY FOR HEALING AND OFFER HOPE

- trust God's goodness, surrender outcomes and point people towards His eternal promises.

6. GIVE THANKS IN EVERY SEASON

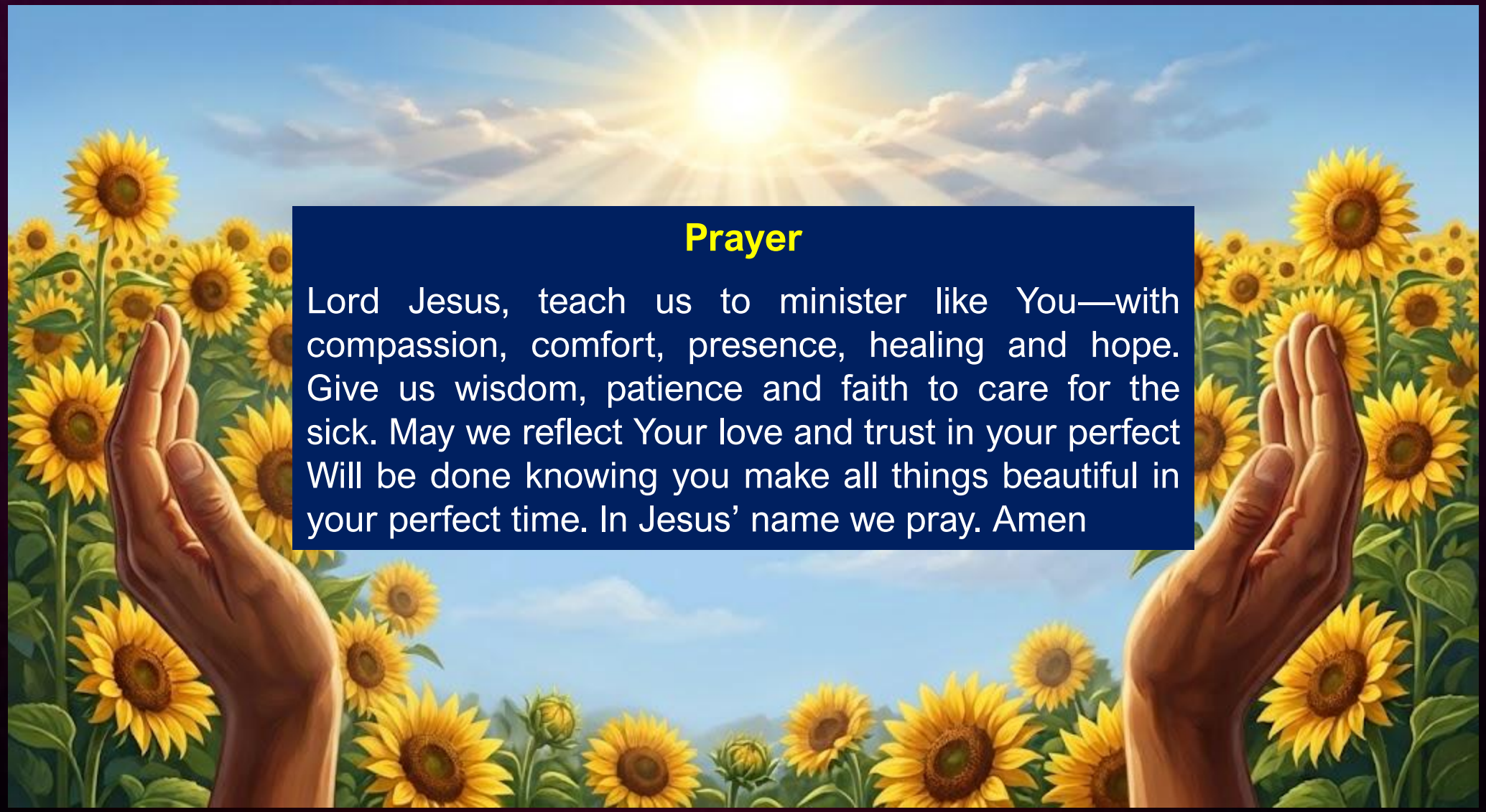
- remain grateful for God's presence, grace and faithfulness, even when circumstances remain difficult.

Summary

Ministering to the Sick

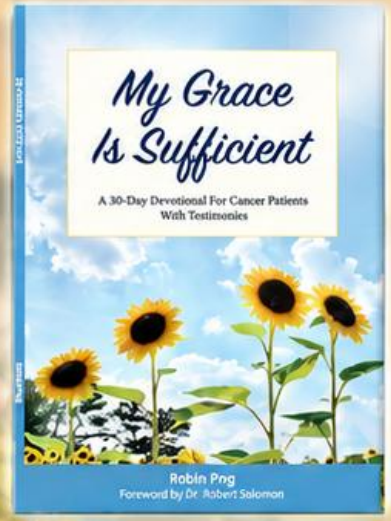
- Understand Pain And Suffering
- Prepare Your Heart
- Bring People To Jesus
- Care For The Whole Person
- Pray For Healing and Hope
- Give Thanks In Every Season


REMEMBER:
Our calling is not to take away every burden, but to help the sick experience Christ's love, comfort, presence, healing and hope through us.

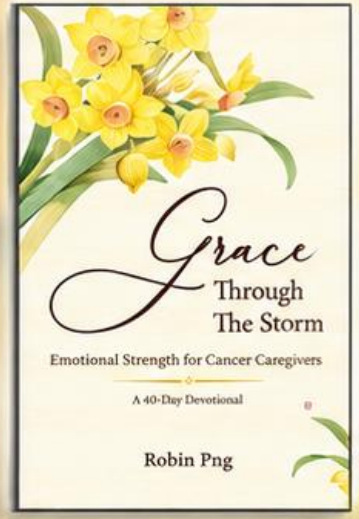

Prayer
Lord Jesus, teach us to minister like You—with compassion, comfort, presence, healing and hope. Give us wisdom, patience and faith to care for the sick. May we reflect Your love and trust in your perfect Will be done knowing you make all things beautiful in your perfect time. In Jesus' name we pray. Amen

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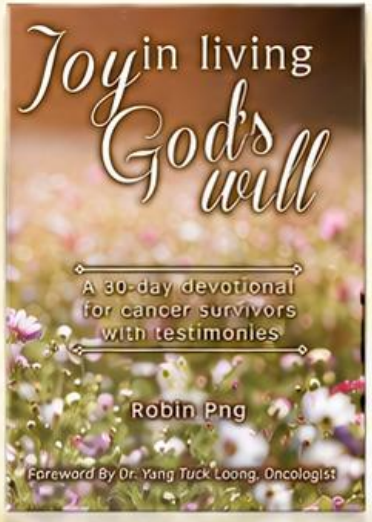
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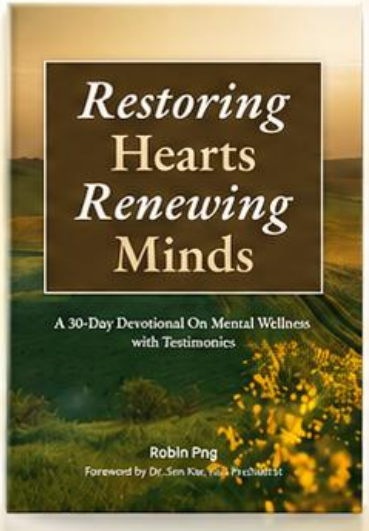
For Cancer Patient



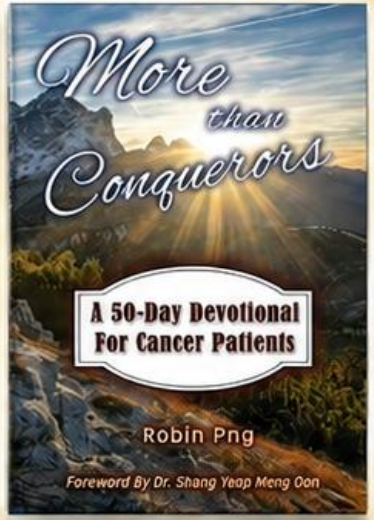
For Cancer Caregiver



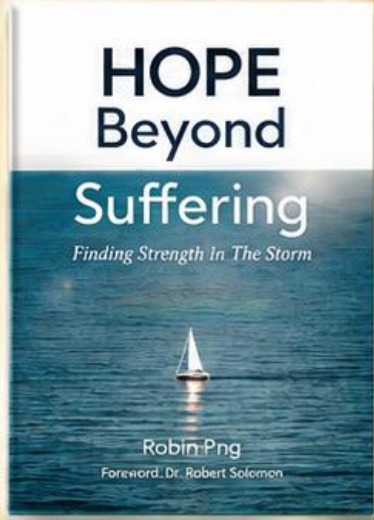
For Cancer Survivor



For Mental Wellness



Sequel of My Grace Is Sufficient



For Cancer Patient (Prebeliever)

Free Download Of Devotional Books

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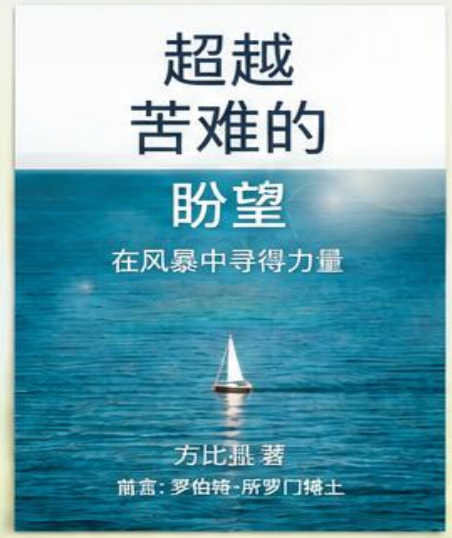
For Cancer Patients



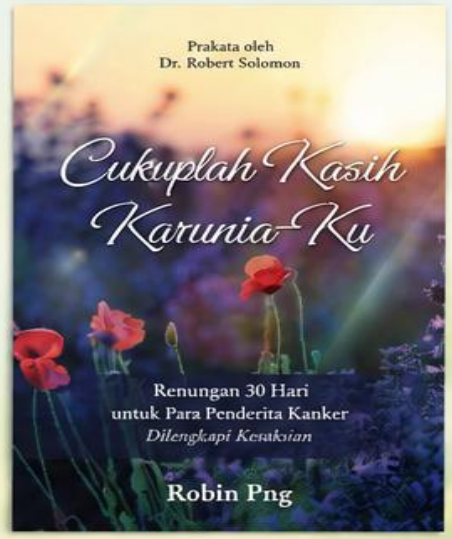
Chinese Version



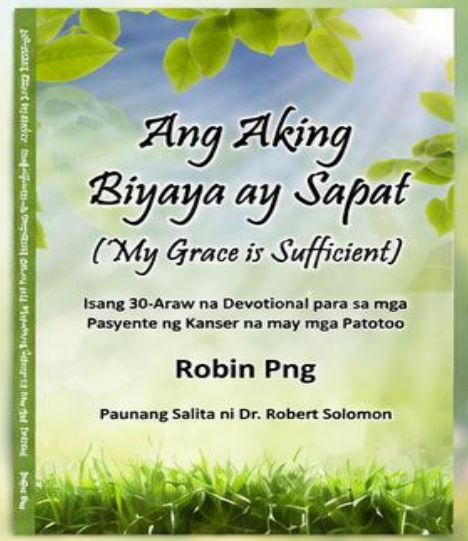
Chinese Version



Chinese Version



Indonesian Version



Tagalog Version


WELCOME TO
RESTORATIVE HEARTS MINISTRY
www.restorativehearts.org

Introducing RHM

Restorative Hearts Ministry

Restoring Hearts • Renewing Minds • Reflecting Christ's Love

The Restorative Hearts Ministry
Restoring Hearts • Renewing Minds

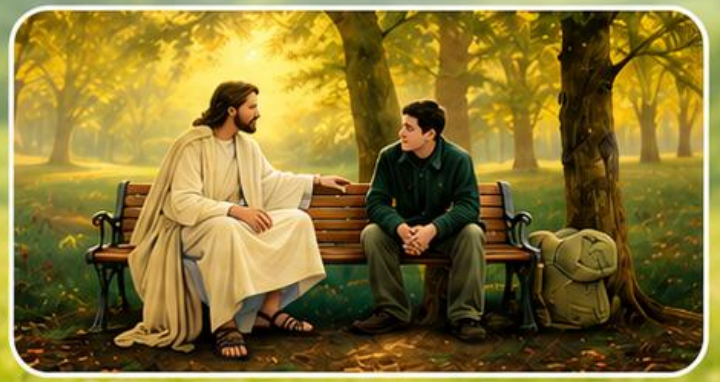
Our Vision

To **restore** the **hearts** and **renew** the **minds** of cancer patients and persons with mental wellness concerns with the **love** and **power** of **Jesus Christ**

Our Mission

To provide restorative **talks**, conduct cancer and mental wellness restorative **groups**, provide pastoral **counselling** and **care**, and doing hospital and home visits to **cancer patients** and **persons** with **mental wellness concerns**





If you wish to enquire more about this ministry, you may email to **restorativehearts@gmail.com**.


God Bless
have a great week