

# Experiencing Peace

*In the midst of life storm*

*Pastor Robin Png*



## Experiencing the peace of God

Jesus **knows** me and **everything** that is in my heart



### Three Key Steps To Be Anxiety-Free

A daily practice to **pause** and **ponder** on my **personal** relationship and history with God.

A deliberate effort to **pace** myself and remember to reaffirm the **promises** of God in His Word to you.

An awareness of the **presence** of God and experience His divine **peace** through silent yet confident **prayer** to God



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### Psalm 139:1-3 ESV

O Lord, you have searched me and **known** me! You **know** when I sit down and when I rise up; you **discern** my thoughts from afar. You **search** out my path and my lying down and are **acquainted** with all my ways.

“Let him who is **without sin** among you be the first to throw a stone at her.” **John 8:7 ESV**

*No one throws a single stone at the woman caught in adultery. Jesus knows what is the condition of our heart.*

# Authenticity

**I have nothing to hide**



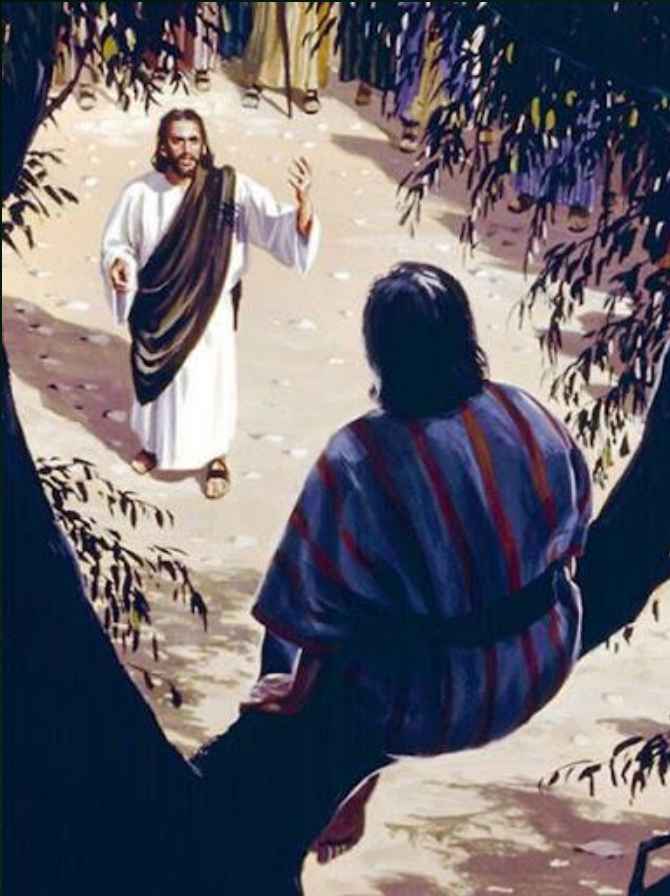
Jesus said to her, “You are right in saying, ‘I have no husband’” **John 4:17b ESV**

## **1 Corinthians 8:3 ESV**

But if anyone **loves** God, he is **known** by God.

*Being authentic, the Samaritan woman hides nothing from Jesus. When you are authentic in words and deeds, it is pleasing to God.*





“**Zacchaeus**, hurry and come down, for I must **stay** at your house today.” **Luke 19:5 ESV**

## Acceptance

**I am accepted by God**

**Psalm 103:10-12 ESV**

**He does not deal** with us according to our sins, nor repay us according to our iniquities. For as high as the heavens are above the earth, so great is **his steadfast love** toward those who fear him; as far as the east is from the west, so far does **he remove** our transgressions from us.

*Like Zacchaeus, God accepts you as you are – your weaknesses and imperfections and all your sins, past, present and future by Christ’s sacrificial death at the cross for you.*



For this my son was dead, and is alive again; he was lost, and is **found**.' And they began to **celebrate**.    **Luke 15:24 ESV**

*You are a child of God because you have asked Jesus to come into your heart and be both your Saviour and Lord in all areas of your life. This relationship is forever and eternal, unless you choose to renounce your faith.*

## Affirmation

**I am a child of God**

**John 1:12 ESV**

But to all who did **receive** him, who **believed** in his name, he gave the right to become **children** of God.

**Galatians 3:26 ESV**

For in Christ Jesus you are all **sons** of God, through **faith**.



## Assurance

### I am living in the Will of God

#### Ephesians 5:15-17 ESV

Look carefully then how you **walk**, not as unwise but as wise, making the best use of the **time**, because the days are evil. Therefore do not be foolish, but understand what the **will of the Lord** is.



For David, after he had **served** the **purpose** of God in his own generation, fell asleep and was laid with his fathers and saw corruption. **Acts 13:36 ESV**

*Assurance that you are living in God's Will when your life now has purpose and meaning as seen in how you spend your time, talents, treasure and opportunities given to you.*

**PEACE**

**I have cast every burden to God**

**Psalms 55:22 ESV**

Cast your **burden** on the Lord, and he will **sustain** you; he will never permit the righteous to be **moved**.



She (Hannah) was deeply distressed and **prayed** to the Lord and wept bitterly. **1 Samuel 1:10 ESV**

*When you release everything that is troubling you, experience divine peace, as you let Jesus hold your hand in a spiritual sense.*



**Three Key Steps To  
Be Anxiety-Free**







## Step 1

A daily practice to **pause** and **ponder** on my **personal** relationship and **history** with God.

*These enable you to bear fruits and increases your confidence in the Lord*

1. **A Personal Relationship with God will keep bear fruits for the Lord**

### **John 15:5 ESV**

I am the vine; you are the branches. Whoever **abides** in me and I in him, he it is that bears much **fruit**, for apart from me you can do nothing.

2. **A Personal History with God of His help increases your confidence in Him**

### **2 Corinthians 1:9-10 ESV**

Indeed, we felt that we had received the sentence of death. But that was to make us rely not on ourselves but on God who raises the dead. He **delivered** us from such a deadly peril, and he **will deliver** us. On him we have set our hope that he **will deliver us again**.





**Step 2** - A deliberate effort to **pace** myself and remember to reaffirm the **promises** of God in His Word to you.

**1. Pace your steps with the Lord  
refreshes the soul**

**Isaiah 40:31 ESV**

But they who **wait** for the Lord shall **renew** their **strength**; they shall mount up with wings like eagles; they shall **run** and not be weary; they shall **walk** and not faint.

**2. Promises in His Word to you affirm your  
calling and fruitfulness**

**John 15:16 ESV**

You did not choose me, but I **chose** you and **appointed** you that you should go and bear **fruit** and that your fruit should **abide**, so that whatever you **ask** the Father in my name, he may **give** it to you.





**Step 3** - An awareness of the **presence** of God and experience His divine **peace** through silent yet confident **prayer** to God.

1. Presence of God is a quiet confidence that Christ lives in you

Psalm 23:4 ESV

Even though I walk through the valley of the shadow of death, I will fear no evil, for **you are with me**; your rod and your staff, they **comfort** me.

2. Peace is letting Jesus hold your hand

John 14:27 ESV

Peace **I leave** with you; my peace **I give** to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid.





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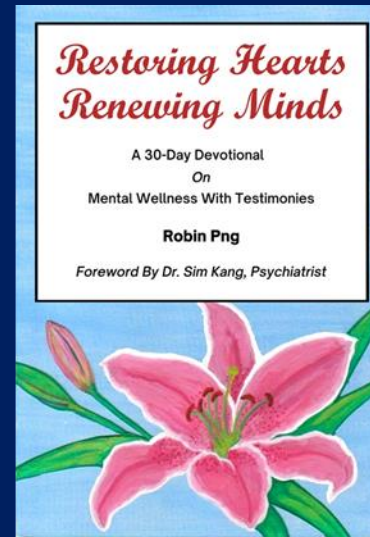
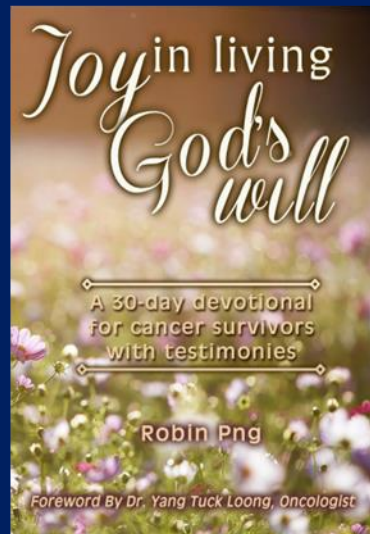
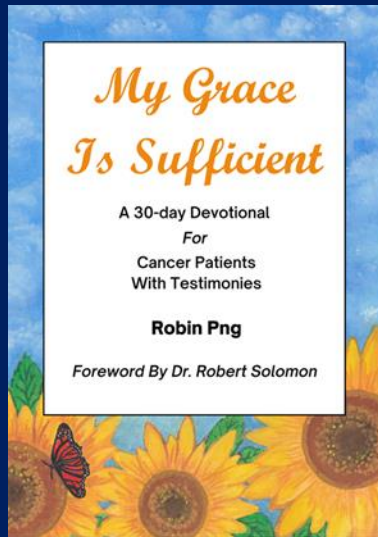
**Restoring Hearts  
Renewing Minds**

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You may also whatsapp at mobile number 92705205. Thank you.

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