



FIVE

BIBLICAL

TRUTHS

About Christian Suffering

God is present in every trial

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Outline: Five Biblical Truths About Christian Suffering

1. What does the Bible say about **suffering**?
2. Common **questions** Christians asked about suffering?
3. What biblical **lessons** can we learn from Job and Woman with the issue of blood?
4. What are the five biblical **truths** about Christian suffering?



1. What does the Bible say about suffering?

The Bible teaches that suffering is a **universal** human experience, but God offers **healing** and **restoration** both now and in the future.

In the present, God heals the **brokenhearted** and binds up wounds, bringing comfort and **renewal** to those who seek Him (Psalm 147:3).

Through Jesus' sacrifice, believers experience **healing** and **forgiveness** (Isaiah 53:5).

God promises to restore health and **wholeness** (Jeremiah 30:17).

Ultimately, suffering will **end**, and God will fully restore His people, bringing **eternal** joy and peace.

A. What are the Types of Suffering



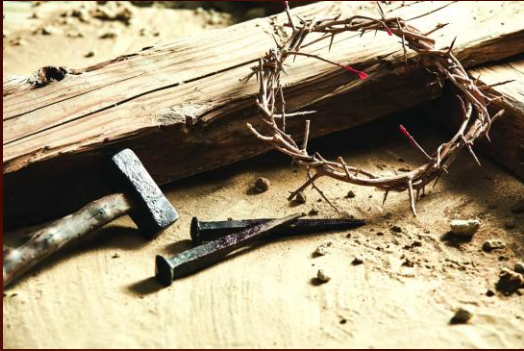
1. Deserved (Consequential) Suffering

Suffering as a direct result of personal sin or foolish decisions—such as reaping the consequences of wrongdoing or **poor** choices.

2. Innocent Suffering

Suffering that comes not because of personal wrongdoing, but due to **factors** like natural disasters, injustice, or being part of a suffering community (collective suffering).





3. Righteous (Vicarious) Suffering

Enduring hardship for doing what is right, especially for **faith** in God—such as persecution, opposition, or martyrdom for Christ.

4. Disciplinary Suffering

God's loving **correction** to mature believers, similar to a father disciplining a child for growth in holiness.



5. Punishment Suffering



God's **judgment** on unbelievers or nations for persistent sin, distinct from the discipline of believers.

6. Mysterious Suffering

Suffering whose reason is unknown or hidden, as seen in the story of **Job**, where God's purposes are not revealed yet.



7. Physical, Emotional, and Spiritual Suffering



The Bible also recognizes suffering in different forms:

- **Physical** pain or illness
- **Emotional** distress (fear, anxiety, grief)
- **Spiritual** anguish (feeling distant from God, trial, temptation)

The Bible's teaching on suffering is **multifaceted**, recognizing multiple causes and purposes, and always pointing to God's sovereignty and the **hope** of redemption.

2. Common questions Christians asked about suffering.





A. Why is God **allowing** me to suffer with this illness?

B. What have I **done** to deserve this pain or hardship?

C. Is God **punishing** me, or is there a purpose behind my suffering?

D. Does God really **care** about my pain and struggles?

E. Where is God in the midst of my suffering—has He **abandoned** me?

F. How **long** will this suffering last, and will I ever be healed?

A. Why is God allowing me to suffer with this illness?



God allows suffering for reasons we may not see now, but He always works for our ultimate **good**.

Romans 8:28 (ESV)

And we know that for those who love God all things work together for good, for those who are called according to his **purpose**.

B. What have I done to deserve this pain or hardship?



Suffering is not always a form of punishment; sometimes it simply reflects the **reality** of living in a broken and fallen world.

Romans 8:22 (ESV)

For we know that the whole **creation** has been groaning together in the pains of childbirth until now.

C. Is God punishing me, or is there a purpose behind my suffering?

God may use suffering to **shape our character** or **draw** us closer, not always to punish.



James 1:2–4 (ESV)

Count it all joy, my brothers, when you meet trials of various kinds, for you know that the testing of your **faith** produces steadfastness. And let steadfastness have its full effect, that you may be perfect and complete, lacking in **nothing**.

D. Does God really care about my pain and struggles?

Yes, God deeply cares and comforts us in every trouble, sharing in our suffering and pain.



2 Corinthians 1:3–5 (ESV)

Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who **comforts** us in all our affliction, so that we may be able to comfort those who are in any affliction, with the comfort with which we ourselves are comforted by God. For as we **share** abundantly in Christ's sufferings, so through Christ we share abundantly in comfort too.

E. Where is God in the midst of my suffering—has He abandoned me?

God is always present, even in suffering; nothing can separate us from His **love**.



Romans 8:38–39 (ESV)

For I am sure that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, nor height nor depth, nor anything else in all creation, will be able to **separate** us from the love of God in Christ Jesus our Lord.

F. How long will this suffering last, and will I ever be healed?

We may not know the duration, but God promises His sustaining **presence** and eternal restoration.

Isaiah 41:10 ESV



Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will **help** you, I will uphold you with my righteous right hand.



JOB

*Loss of children, wealth
and health*



WOMAN

*With issue of blood for
12 years*

**3. What biblical lessons can we learn from
Job and woman with the issue of blood?**



Job

Job endured **unimaginable** pain and suffering: he **lost** all his children, wealth, and health, developing loathsome sores from head to toe. He sat in ashes, grieving and scraping his skin, feeling **abandoned** and misunderstood.

Despite confusion, anguish, and accusations from friends, Job **refused** to curse God, instead expressing his grief honestly in **prayer** and ultimately learning timeless and transformative **truths** about God's sovereignty and wisdom

A. Trust in God's sovereignty and acceptance of both good and evil from Him



Job accepted that God gives and takes away, trusting God's **control** even amid loss and pain.

“The Lord **gave**, and the Lord has **taken** away; blessed be the name of the Lord.” (Job 1:21)

B. Perseverance in faith despite intense suffering and discouragement



Job refused to curse God or abandon his faith, choosing to **endure** suffering with steadfastness.

“Shall we receive good from God, and shall we not receive evil?” (Job 2:10)

C. Hope in God's justice and ultimate vindication



Job maintained hope that God would ultimately **vindicate** him and **reveal** His righteousness.

“I know that my **Redeemer** lives, and at the last he will stand upon the earth.” (Job 19:25)

These factors reflect Job's unwavering faith, perseverance, and hope that **sustained** him through immense trials.

Woman with the issue of blood



The woman with the issue of blood suffered **twelve** years of constant bleeding, enduring physical weakness, social isolation, and financially drained after spending all her money on doctors.

Declared ceremonially **unclean**, she was excluded from worship and community life.

Despite desperation and shame, her **faith** led her to Jesus, whose **touch** instantly healed her and restored her dignity and peace.

A. Faith brings healing



Her belief in Jesus' **power** led to immediate healing.

“Your **faith** has healed you.” (Mark 5:34)

B. Perseverance despite long suffering



She **endured** twelve years of illness and many failed treatments.

“She had suffered a **great** deal under the care of many doctors.” (Mark 5:26)

C. Jesus notices and responds to faith



Jesus stopped to **acknowledge** her faith amidst the crowd.

“Who touched my clothes?” (Mark 5:30)

4. What are the five biblical truths about Christian suffering?



Truth one: **Suffering and sickness are the results of our fallen humanity due to sin**



All sickness ultimately results from humanity's **fall** into sin, but we need to be careful not to allude every illness to personal sins.

Christians live in a world **broken** by sin, awaiting full restoration in Christ.

Romans 5:12 ESV

“Therefore, just as sin came into the world through one man, and death through sin, and so death spread to all men because all sinned—”

What should be our prayer ?

We pray for daily protection and safety over our lives, family and health.

We pray for divine health over our body more than divine healing.

Psalm 121:7–8

“The Lord will keep you from all evil; he will keep your life. The Lord will keep your going out and your coming in from this time forth and forevermore.”

Truth Two: **God can use suffering to shape my character to be like Christ.**



Suffering and sickness can be God's "tool" for spiritual **growth**, humility, and deeper dependence on Him.

It refines faith and builds perseverance, **shaping** believers into Christ's likeness. Suffering produces perseverance; perseverance, **character**; and character, hope.

*Not only that, but we rejoice in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope. **(Romans 5:3–4, ESV)***

What should be our prayer ?

We pray for a teachable heart to trust God that our faith remain strong knowing He knows what He is doing and will always give us the best.

We pray for divine strength and courage to face the many unknowns, knowing God's grace will carry us through in this rough patch of our faith journey.

2 Corinthians 12:9 ESV

“But he said to me, ‘My grace is sufficient for you, for my power is made perfect in weakness.’ Therefore I will boast all the more gladly of my weaknesses, so that the power of Christ may rest upon me.”

Truth Three: Suffering can be for the glory of God.



Jesus taught that some sicknesses happen “so that the works of God might be **displayed**”.

God can use illness to **reveal** His power, love, and glory. We may only know His purpose only after our healing and restoration.

*Jesus answered, ‘It was not that this man sinned, or his parents, but that the **works** of God might be displayed in him. (**John 9:3, ESV**).*

What should be our prayer?

We pray that our desire is to glorify God in every area of our life in sickness or health. We rejoice when we know that our life aligned with the Will of God and for His glory and purpose.

We trust that God will journey with us through every inconvenience, discomfort, pain and suffering.

2 Corinthians 4:17 ESV

“For this light momentary affliction is preparing for us an eternal weight of glory beyond all comparison.”

Truth Four: **God's presence is with us in our suffering**



No suffering **escapes** God's notice or control.

He is with His people in their pain, offering comfort and assurance, and promises that all things work together for their ultimate **good**.

*Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they **comfort** me. (**Psalm 23:4, ESV**)*

What should be our prayer ?

We pray that we can experience God's presence in a personal and deeper way to help us ride through this storm.

We can also draw on our memories of our personal walk with God over the years to strengthen our faith in His goodness and mercy to carry us through this rough patch.

Psalm 91:14-16 ESV

“Because he holds fast to me in love, I will deliver him; I will protect him, because he knows my name. When he calls to me, I will answer him; I will be with him in trouble; I will rescue him and honor him. With long life I will satisfy him and show him my salvation.”

Truth Five: **We will have ultimate healing and restoration of our body eventually.**



We know that healing may not always happen because we all will have to breathe our last eventually.

However, Jesus' death and **resurrection** guarantee a future without sickness, pain, or death for all who trust Him. We will be clothed with a glorious body. This hope **sustains** Christians through every storm.

Philippians 3:21 ESV

“who will transform our lowly body to be like his glorious body, by the power that enables him even to subject all things to himself.”

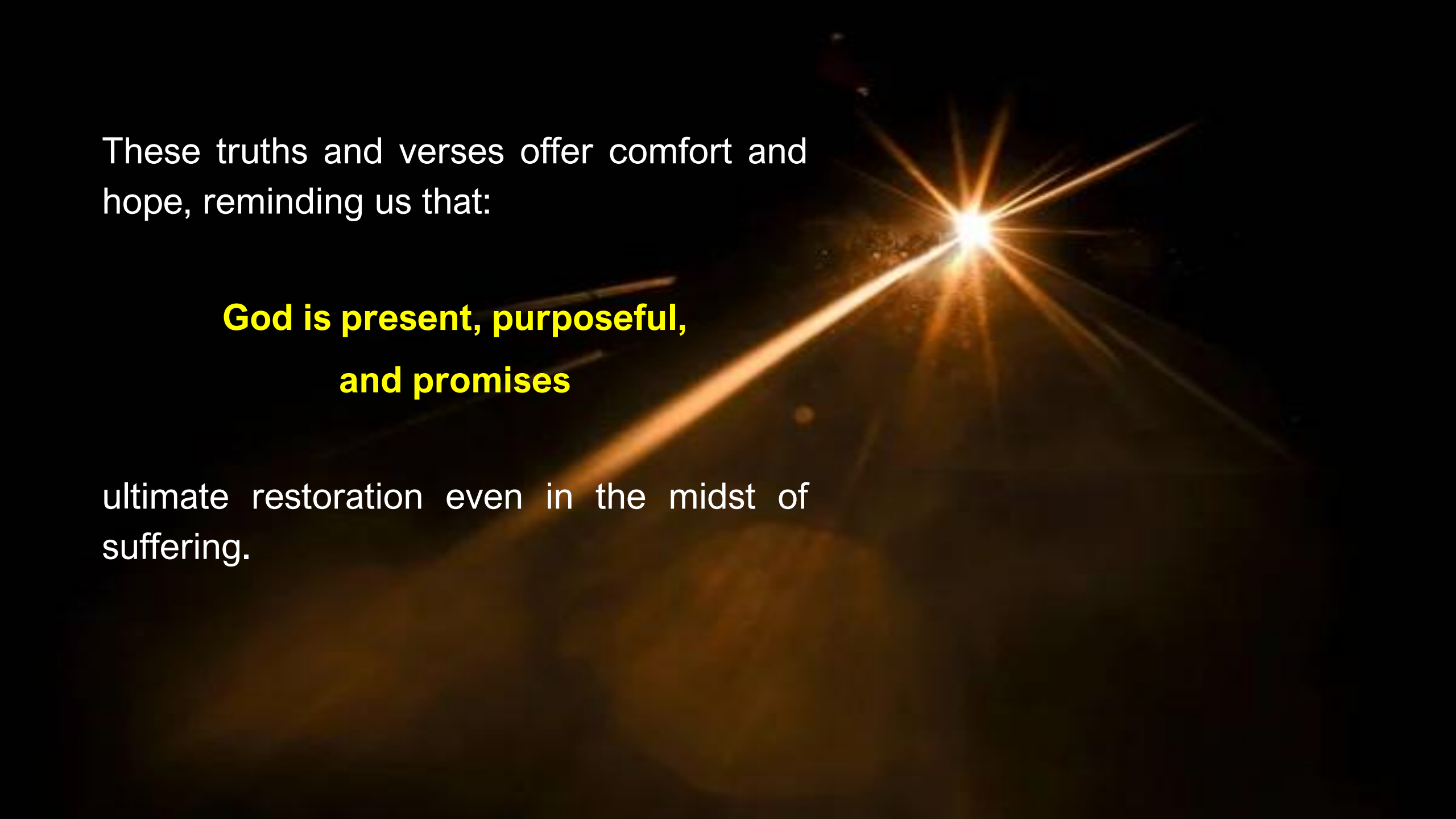
What should be our prayer?

We pray for peace to rule our heart knowing our weak and fragile body will eventually restore to complete healing and restoration.

This is a living hope that one day there will be no more pain and suffering when we are clothed with a glorious and immortal body.

1 Corinthians 15:53-53 ESV

“For this perishable body must put on the imperishable, and this mortal body must put on immortality. When the perishable puts on the imperishable, and the mortal puts on immortality, then shall come to pass the saying that is written: ‘Death is swallowed up in victory.’”



These truths and verses offer comfort and hope, reminding us that:

**God is present, purposeful,
and promises**

ultimate restoration even in the midst of suffering.

FIVE *BIBLICAL* TRUTHS



About Christian suffering

Truth One: Suffering and sickness are the results of our fallen **humanity**.

Truth Two: God can use suffering to shape our **character** to be like Christ.

Truth Three: Suffering can be for the **glory** of God.

Truth Four: God's **presence** is with us in our suffering.

Truth Five: We will have ultimate **healing** and **restoration** of our body eventually.



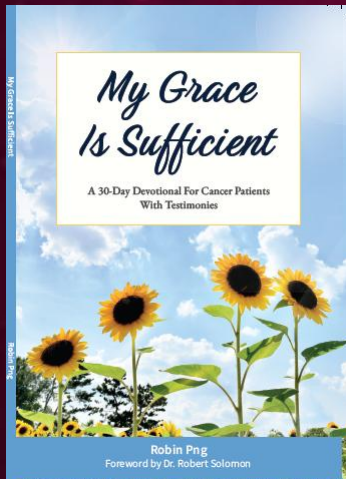
WE ARE

**MORE THAN
CONQUERORS**

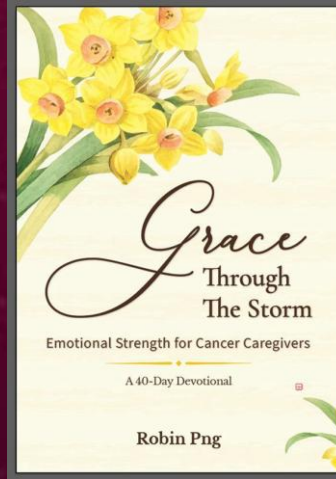
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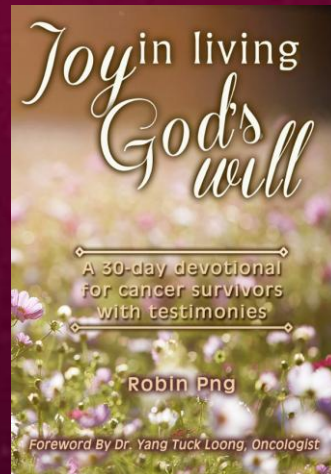
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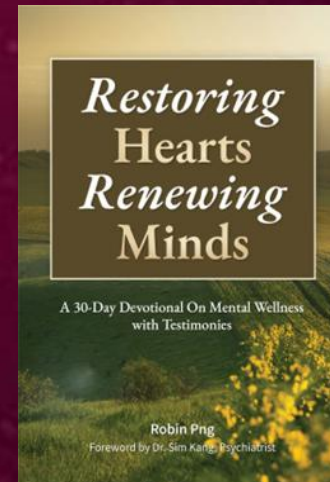
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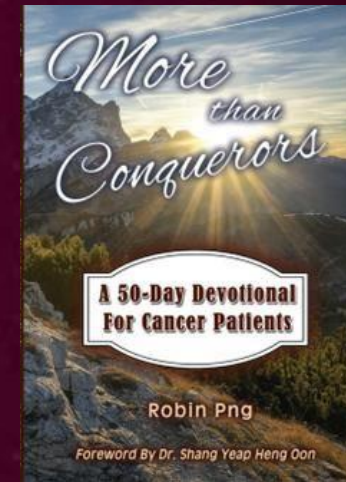
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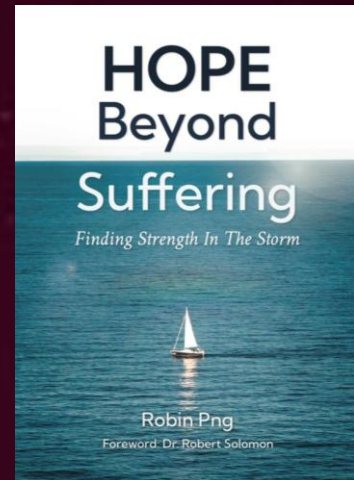
For Cancer Survivor



For Mental Wellness



Sequel of My Grace Is Sufficient

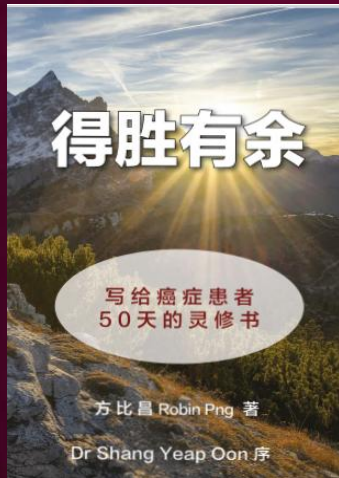


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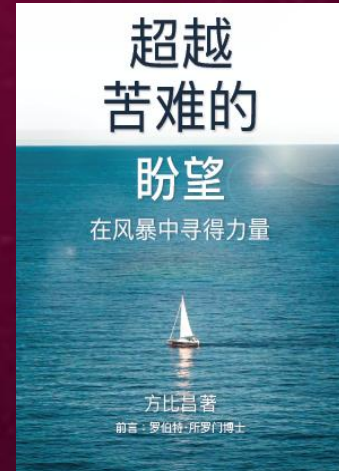
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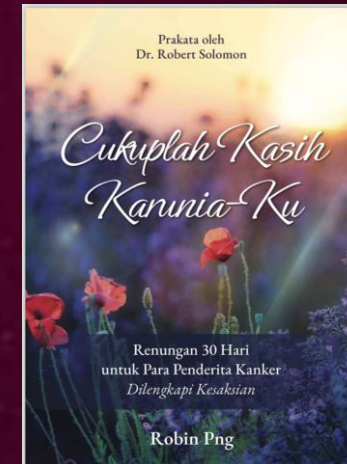
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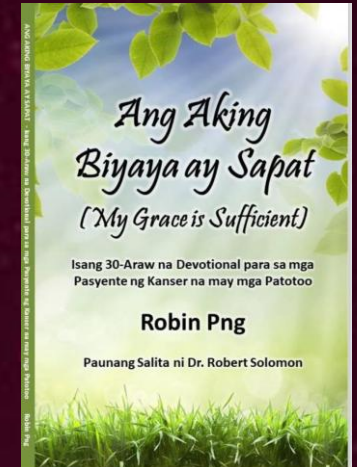
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